Immunology for physicists

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The immune system is a complex system of cells and molecules that can provide us with a basic defense against pathogenic organisms. Like the nervous system, the immune system performs pattern recognition tasks, learns, and retains a memory of the antigens that it has fought. The immune system contains more than $10^7$ different clones of cells that communicate via cell-cell contact and the secretion of molecules. Performing complex tasks such as learning and memory involves cooperation among large numbers of components of the immune system and hence there is interest in using methods and concepts from statistical physics. Furthermore, the immune response develops in time and the description of its time evolution is an interesting problem in dynamical systems. In this paper, the authors provide a brief introduction to the biology of the immune system and discuss a number of immunological problems in which the use of physical concepts and mathematical methods has increased our understanding. [S0034-6861(97)00404-2]

CONTENTS

I. Introduction 1219
   A. The physicist’s approach: Generic properties 1219
   B. Basic facts of immunology 1221
      1. Clonal selection 1223
      2. Learning and memory 1223
      3. The self-nonself discrimination problem 1224
II. Modeling the Immune Repertoire 1225
   A. How large does the repertoire need to be in order to be complete? 1225
   B. Self-nonself discrimination and the probability of recognition 1226
   C. Predicting the size of epitopes 1227
III. Clonal Models 1229
   A. Receptor cross-linking and cell activation 1229
   B. Clonal selection models: B-cell proliferation and differentiation 1231
   C. Affinity maturation 1233
IV. Network Models 1236
   A. The B model 1237
   B. The two-clone problem 1237
   C. Network topology 1239
   D. Localized attractors 1241
      1. Cayley tree 1241
         a. Immunity 1242
         b. Tolerance 1243
         c. Extended localization 1243
         d. Percolation 1243
      2. Number of attractors 1244
      3. Basins of attraction and the window-automaton approximation 1245
         a. From virginity to excitation 1246
         b. Tolerance vs vaccination 1247
      4. More realistic topologies 1248
         a. Loops 1248
         b. Distribution of $J_{ij}$ values 1248
      5. Biological interpretations of the localized attractor model 1249
   E. Antibody/B-cell network models 1250
      1. The AB model 1250
      2. The two-clone case 1250
      3. Chaos 1252
   F. The continuous-shape-space approach 1253
   G. Bit-string models of the network 1255
      1. Model equations 1255
      2. Metadynamics 1256
      3. Simulation results 1256
V. Automaton Approaches 1258
   A. Modeling B-T interactions 1259
   B. A model of autoimmune diseases 1259
   C. Spin-glass models 1260
   D. Automata on a 2-dimensional shape space with metadynamics 1260
VI. Discussion 1262
    Acknowledgments 1263
    References 1263

I. INTRODUCTION

A. The physicist’s approach: Generic properties

The immune system is our primary defense against pathogenic organisms and cells that have become malignantly transformed. The last decade has seen an explosion in detailed experimental findings about the cells, molecules, and genes that make up the immune system. Although our knowledge is far from complete, as the Human Genome Project progresses we shall almost certainly uncover the remaining genes and molecules that influence the behavior of single lymphocytes. After the genes are sequenced, what will remain is the task of understanding in a quantitative way how the cells of the immune system behave and how they interact with each other to generate the coordinated activity seen during an immune response.

One goal of modeling in immunology, which we shall focus on here, is to deduce macroscopic properties of the system from the properties and interactions among the elementary components. This goal is similar to the purposes of statistical mechanics. The interactions among the components of the immune system are extremely intricate and they are not fully understood. Further, in contrast to the field of neurophysiology, immu-
The universality of a model are true, the generic properties relate to the parameters of the different dynamical regimes? If our hypotheses about the universality of a model are true, the generic properties, qualitative classification of the attractors, and scaling laws should be evident in the phenomenology of the mammalian immune system.

Besides issues of dynamics, we shall address questions of a probabilistic nature. For example, in Sec. II, we ask how well the immune system performs the task of distinguishing self components from foreign or non-self components. We also address a design question: in order to perform efficient self-nonself discrimination, how large a region on a molecule should the immune system examine? If the immune system looks at very small regions, say one or two amino acids, then with a rather limited set of receptors all foreign molecules could be recognized. However, since self molecules are made from the same building blocks, such a recognition system would also recognize all self molecules. If the immune system looks at a very large region of molecules, then a receptor may need to be so specific that it might be able to recognize only one particular molecule, and with finite resources many foreign molecules may escape detection.

Section III begins our foray into dynamics. We first discuss models based on the physical chemistry of receptor-ligand interactions, which underlie the ability of lymphocytes to detect antigen. We then abstract from the chemistry more phenomenological laws that govern the growth and differentiation (or maturation) of lymphocytes into cells with specialized functions, such as plasma cells that secrete antibody at very high rates. We also look at a phenomenon, known as affinity maturation, by which the immune system can improve the average equilibrium binding constant of antibody for antigen.

The immune system is more than a collection of independently operating lymphocytes. While many chemical signals are involved in setting up communication between these cells, here we focus on one class of models, called idiotypic network models, in which signals are propagated via specific interactions between cell surface receptors and antibody molecules. Thus a lymphocyte that detects a foreign antigen can begin secreting antibody $A_1$, which is a molecule that has a very specific structure and that can bind the antigen. Molecules $A_1$ are proteins, and their novel or “idiosyncratic” parts may be detected by other lymphocytes in the immune system. These “second-level lymphocytes” may respond to seeing $A_1$ by secreting a complementary or “anti-idiotypic” antibody $A_2$. Some molecules in class $A_2$ may resemble the antigen and hence help encode memory of the encounter, while others may be distinct and excite a third level of response. Section IV deals with different approaches to modeling idiotypic networks and understanding their dynamics.

Quantitative information that can be used to evaluate differential equation models is often lacking in immunology. Given this state of affairs, it is frequently desirable to formulate models in which the variables have a limited number of states, e.g., 1 and 0, cells are activated or not. Automata models of this type are summarized in Sec. V.
We conclude, in Sec. VI, with a general discussion of modeling in immunology.

The field of theoretical immunology has been growing rapidly and we have not attempted to review all the work that has been done. This article is primarily a personal perspective centered on our own contributions to the field with briefer descriptions and references given to the work of others. In immunology, as in other fields, certain approaches dominate thinking. In the 1970s and 1980s explaining immunological phenomena in terms of idiotypic networks was extremely popular. Current thinking has shifted, and detailed molecular explanations now dominate the experimental literature. Modeling the biochemical intricacies involved in the interactions between the cells of the immune system has not kept pace with the rapid rate of discovery of new molecules and genes involved in immune regulation. Thus this review focuses more on the network viewpoint, in which concepts from physics have helped make advances, and less on the newly evolving molecular viewpoint. Previous reviews of ours, which deal with both network and non-network aspects of immunology, include Bell, Perelson, and Pimbley (1978), Perelson (1988, 1989b, 1990, 1992), Perelson and Kauffman (1991), Perelson and Weisbuch (1992b), and De Boer et al. (1993a). Other reviews include those of Bruni et al. (1979), DeLisi and Hiernaux (1982), Marchuk (1983), Atlan and Cohen (1985), Hoffman, Levy, and Nepom (1986), and Prikrylova, Jilek, and Wanieowski (1992).

B. Basic facts of immunology

The immune system is a complex system of cells and molecules distributed throughout our bodies that provides us with a basic defense against bacteria, viruses, fungi, and other pathogenic agents (referred to as foreign antigens). Analogies have been drawn between the immune system and the nervous system. Like the nervous system, the immune system performs pattern recognition tasks, learns, and retains a memory of the antigens that it has fought. The nervous system is commonly decomposed into sensory and motor parts. An analogous separation into recognition and “effector” functions is made in immunology.

The human immune system is controlled by the action of tens or possibly hundreds of types of regulatory and effector molecules. All the molecules that are important in the immune response have not yet been identified, but they include various cell surface receptors and soluble molecules such as interleukins that can transmit signals between cells. A variety of cell types compose the immune system, the most important being a class of white blood cells known as lymphocytes. These cells are created in the bone marrow, along with all of the other blood cells, and are transported throughout the body via the blood stream. They can leave the blood through capillaries, explore tissues for foreign molecules or cells (antigens), and then return to the blood through the lymph, the fluid bathing the cells of the body. Lymphocytes spend considerable time resident in lymphoid organs, such as the bone marrow, the thymus, the spleen, and lymph nodes.

Lymphocytes are subdivided into two major classes: B cells and T cells. B lymphocytes secrete antibodies, one of the major protective molecules in our bodies. T cells function mainly by interacting with other cells and have been subdivided into helper T cells and cytotoxic T cells. Helper T cells, which generally express a cell surface marker called CD4, act through the secretion of lymphokines that promote the growth and differentiation of B cells into an antibody-secreting state. Helper T cells are the cells that are predominantly infected by the human immunodeficiency virus, and their depletion plays a major role in AIDS. Cytotoxic T cells, which generally express a cell surface marker called CD8 (and a related cell, the NK or natural killer cell), are responsible for killing virally infected cells and cells that appear abnormal, such as some tumor cells. Models of the kinetics of T-cell and NK-cell killing have been developed by a number of workers including Chu (1978), Merrill (1982), Perelson and Bell (1982), Macken and Perelson (1984; 1985b), Perelson and Macken (1984), Perelson, Macken, et al. (1984), and Merrill and Sathananthan (1986). Such models may have relevance to interaction of the immune system with growing tumors (see Kuznetsov et al., 1994). Sometimes T cells can suppress immune responses, and in some literature the term suppressor T cell is used. The existence of antigen-specific T suppressor cells has been questioned (Möller, 1988; Schwartz, 1989), and such cells and models that incorporate them will not be dealt with here.


From the point of view of pattern recognition in the immune system, the most important feature of both B cells and T cells is that they have receptor molecules on their surfaces that can recognize antigen. In the case of B cells, the receptor is an immunoglobulin (antibody) molecule (Fig. 1) embedded in the membrane of the cell, while in the case of T cells the receptor is simply called the T-cell receptor (TCR). Recognition in the immune
system occurs at the molecular level and is based on the complementarity in shape between the binding site of the receptor and a portion of the antigen called an epitope (see Fig. 2). The interaction between the receptor and the epitope is noncovalent and usually involves van der Waals forces, interactions among charged groups, and hydrogen bonds. These weak interactions are nevertheless strong enough to keep the macromolecules bound when the area of interaction is sufficiently large. Typical areas of interaction are $600 \, \text{Å}^2$ (Amit et al., 1986; Ajitkumar et al., 1988).

B and T cell receptors see different features of an antigen. The B-cell receptor interacts with epitopes present on intact antigen molecules. Antigen molecules may be soluble or bound to a surface. The T-cell receptor interacts only with cell surface molecules. T cells secrete molecules that can kill other cells or promote their growth. Thus it is clearly important for a T cell to "know" that it is interacting with another cell rather than with a soluble molecule. One way of solving this identification process is to have the T cell recognize a cell surface molecule. Once it was thought that T cells used two receptors, one to recognize a cell surface molecule called a major histocompatibility complex (MHC) molecule and another receptor to recognize antigen. It turns out that the T-cell receptor plays the role of both of these receptors and recognizes antigen bound to an MHC molecule (Fig. 3).

There are two major classes of MHC molecules, called MHC class I and MHC class II. Class-I molecules are found on every cell, while class-II molecules are found only on a subset of cells called antigen-presenting cells. CD8+ T cells, which generally are killer cells, interact with MHC class I. Since any cell can become virally infected it makes some sense that cytotoxic T cells see antigen bound to MHC class-I molecules. CD4+ T cells, which are generally helper cells, interact with antigen bound to MHC II molecules.

The cells that express MHC class II, predominantly B cells, macrophages, and dendritic cells, are called antigen-presenting cells. Antigen-presenting cells take
up protein antigens from their environment and partially digest them, i.e., cut them into smaller parts called peptides. Some of these peptides are then bound to an MHC class-II molecule and transported to the surface of the antigen-presenting cell, where they can then interact with, or as immunologists say, be presented to the CD4+ T cell. It turns out that all cells cut up a portion of the proteins that they synthesize. These self-generated peptides are in a cellular compartment in which they can interact with MHC class-I molecules. Thus both classes of MHC molecules bind peptides and “present” them to T cells. The class-I system specializes in presenting proteins synthesized within the cell, such as viral proteins made by an infected cell, while the class-II system specializes in presenting fragments of molecules picked up from the environment. Both systems present peptides from self molecules as well as from foreign molecules. T cells therefore need to discriminate between self and nonself. The self-nonself discrimination problem is discussed in Sec. I.B.3.

Each lymphocyte has on its surface $10^4$ to $10^5$ receptor molecules, all of the same shape, that can detect antigen. On B cells these receptors are immunoglobulin and on T cells they are simply called the T-cell receptor. A rather elaborate genetic mechanism underlies the construction of these receptors and to a first approximation ensures that the receptors expressed on different lymphocytes have a different randomly chosen shape. Current estimates of the potential repertoire, i.e., the number of possible receptors that can be constructed given the genetic mechanisms involved, are of the order of $10^{11}$ for B cells (Berek and Milstein, 1988) and $10^{16}$ for T cells (Davis and Bjorkman, 1988). A mouse contains of the order of $10^9$ B lymphocytes and $10^8$ T lymphocytes, and thus cannot contain all possible receptors. The number of different receptors that are expressed at any time, the expressed repertoire, is estimated to be $10^7$.

When B cells become stimulated they secrete a soluble form of their receptor molecule, which is called antibody. Antibodies are highly specific and can distinguish fine differences in the molecular structure of epitopes, such as the change of a single amino acid in a protein, the change of a single atom, such as a chloride, from an ortho to a para position along a substituted benzene ring, or even optical isomers such as d- and l-tartrate (Eisen, 1980).

The immune system with an expressed repertoire of $10^7$ is capable of making of the order of $10^7$ different antibodies at any one time. Due to their exquisite specificity the immune system uses antibodies as tags with which to label cells and molecules as foreign. Various effector mechanisms then lead to the elimination of the antigen. For example, antigen and antibody can form large complexes that are taken up and eliminated by various cells. A foreign cell with antibody attached to it is quickly eaten by large phagocytic cells such as macrophages. These phagocytic cells lack specificity and eat anything that has antibody attached. For example, they will phagocytose latex beads if they are antibody coated. Antibody bound to the surface of a cell can also initiate a cascade of reactions among a set of high-molecular-weight serum proteins known as the complement system. This cascade of reactions causes the complement components to assemble a cylinder that penetrates the cell membrane and leads to the death of the cell by disrupting its osmotic balance. Models dealing with the complement system have been developed by Perelson and Wieg (1979), Perelson, Goldstein, and Rocklin (1980), DeLisi and Wieg (1983), and Dower et al. (1984).

1. Clonal selection

The most basic task of the immune system is pattern recognition. It must recognize (and then respond to) all foreign cells (e.g., viruses and bacteria) and molecules (e.g., bacterial toxins). The diversity of receptor types used by the immune system is the basis for pattern recognition. The algorithm that the immune systems uses, called clonal selection, was elucidated by MacFarlane Burnett (1959). Clonal selection is the idea that only those cells that recognize the antigen proliferate, thus being selected against those which do not. Clonal selection operates on both B cells and T cells. To keep matters simple, we do not distinguish between B and T cells in the discussion given below, although some of the details regarding cell stimulation do depend on the lymphocyte type.

Consider the events that follow the injection of an antigen into a mouse (Fig. 4). Given the large diversity of receptors in the expressed repertoire, whether the receptor on any particular lymphocyte detects the antigen can be viewed as a random event. The interaction of antigen with the receptors on a lymphocyte can lead to activation of the cell. Upon activation, lymphocytes proliferate and grow into a clone. A clone is a set of cells that are the progeny of a single cell and it might comprise anywhere from tens to thousands of cells. Cells in an activated clone respond by secreting antibody if they are B cells or by secreting growth factors if they are helper T cells. Because antigen selects which lymphocytes develop into clones, the theory is called clonal selection. The analogy with natural selection should be obvious, the fittest clones being the ones that recognize antigen best or, more precisely, the ones that are triggered best. For this algorithm to work, the receptor population or repertoire has to be diverse enough to recognize any foreign shape. The repertoire is believed to be complete, which means that it can recognize any shape. We shall evaluate this statement with a quantitative model in Sec. II.

2. Learning and memory

For protection, it is not enough only to recognize antigen. The immune system must also have sufficient resources to mount an effective response against pathogens. As in a typical predator-prey situation the size of the lymphocyte subpopulation specific for the pathogen relative to the size of the pathogen population is crucial in determining the outcome of infection. To be more
precise, a mouse has approximately $10^8$ lymphocytes. If it has a repertoire of $10^7$, then on average there are only $10$ lymphocytes of any particular specificity. Learning in the immune system involves raising the population size of lymphocytes that have proven themselves to be valuable by having recognized antigen. If the immune system can learn from experience the shapes of antigenic determinants, then the immune system can maintain more lymphocytes bearing receptors of the appropriate complementary shape and be better prepared to fight an antigen if it is seen again. Thus learning in the immune system involves biasing the repertoire from random towards a repertoire that more clearly reflects the actual antigenic environment.

During the life of any individual the detailed dynamics of lymphocyte growth, differentiation, and competition between clones ultimately reflects the system's interaction with its environment. After an antigen has been seen once, the immune system responds to subsequent encounters with the same antigen with faster and larger-amplitude responses. Such responses are called secondary immune responses, and they can be attributed to having larger initial clone sizes. Thus, say, rather than starting the response with a clone of 10 cells, the system might start with $10^4$ cells specific for the antigen. When these cells secrete antibody they have a large impact. In a primary response, there is a delay due to the fact that the cell population needs to enlarge before it can secrete substantial amounts of antibody. (The more rapid and vigorous secondary response may also be due to differences between naive cells and cells that have seen antigen. For example, secondary response or memory cells may be easier to trigger than naive cells. Cells that have never been triggered are small and contain little cytoplasm. When triggered they make at least 50 new proteins. One would expect many of these molecules to remain in the cell, thus making subsequent triggering events easier and faster. Also, the affinity of antibodies for antigen may increase due to somatic mutations that occur during the growth of lymphocyte clones. This topic will be dealt with extensively in Sec. III.C.) Because the total number of lymphocytes in the immune system is regulated, increases in the sizes of some clones means other clones may have to decrease in size. The total number of lymphocytes is not kept absolutely constant. Swelling of lymph nodes, for example, allows some increase in lymphocyte populations during an immune response, but the immune system is a few percent of the total cells in the body, and that percentage cannot increase very much before affecting other bodily functions. Thus, if the immune system learns only by increasing the population sizes of specific lymphocytes, it must either forget previously learned antigens, increase in size, or constantly decrease the portion of its repertoire that is generated at random and responsible for responding to novel antigens. Because of the experimental difficulties inherent in studying individual clones in vivo it is not yet possible to decide to what degree each of these alternatives is followed. To gain insights into these and related questions a number of workers have developed quantitative models of cell growth and differentiation in the immune system under various scenarios of immune regulation. We discuss some of these models below.

3. The self-nonself discrimination problem

The completeness of the repertoire presents a fundamental paradox for the immune system. Because all shapes can be recognized, the immune system can recognize molecules and cells of our body as well as foreign ones. For the immune system to function properly it needs to be able to distinguish between these two classes of molecules and cells, which are a priori indistinguishable, so as to avoid triggering an immune response against self antigens, i.e., the components of our body. Not responding against self antigen is a phenomenon called self-tolerance. Understanding how this is accomplished by the immune system is called the self-nonself discrimination problem.

The solution to the self-nonself discrimination problem is not yet fully at hand but an enormous amount of progress has been made in recent years. von Boehmer (1991) and others have discovered that, as T cells differentiate in the thymus, those T cells that react with self
antigens have a high probability of being eliminated. The process is, however, incomplete, and some self-reactive T cells are encountered outside the thymus. This can be understood since clonal elimination in the thymus is based on encounters between immature T cells and self antigens in the thymus, and presumably not all self antigens are present inside the thymus. As is often the case in biology, several mechanisms contribute to the same function, and self-nonself discrimination involves mechanisms other than thymic elimination. Much of the recent effort in theoretical immunology, as well as in experimental immunology, is devoted to the solution of the self-nonself discrimination problem (see Stewart and Varela, 1991; Varela and Coutinho, 1991; Neumann and Weisbuch, 1992a; De Boer and Perelson, 1993; Percus, Percus, and Perelson, 1993; Detours et al., 1994; Sulzer, van Hemmen, and Behn, 1994). One approach used in this effort is the development of a theory of immune networks, to be discussed in Sec. IV.

II. MODELING THE IMMUNE REPERTOIRE

A first example of the use of mathematics in immunology is the evaluation of the completeness of the repertoire. The arguments that we give below apply to both the B-cell and T-cell repertoires, i.e., to antibodies, to immunoglobulin receptors on the surface of B cells binding to antigens, and to the receptors on T cells binding to MHC-peptide complexes. For simplicity we state the argument in terms of receptors binding to ligands.

A. How large does the repertoire need to be in order to be complete?

Perelson and Oster (1979) developed a simple quantitative model with which they could ask: Given a set of \( n \) distinct, randomly made receptors, what is the probability that a randomly encountered antigen is recognized by at least one of the receptors? The model is based on the notion of shape space. The idea is that the degree of binding between a receptor and a molecule that it binds, a ligand, generally involves short-range noncovalent interactions based on electrostatic charge, hydrogen binding, van der Waals interactions, etc. In order for the receptor and ligand to approach each other over an appreciable portion of their surfaces, there must be extensive regions of complementarity. Oster and Perelson called the constellation of features important in determining binding among molecules the generalized shape of a molecule. Suppose that one can adequately describe the generalized shape of a receptor combining site by \( h \) parameters: the length, width, and height or the radius of curvature of any bump or groove in the combining site, its charge, etc. Then a point in an \( h \)-dimensional space, “shape space” \( S \), specifies the generalized shape of a receptor binding region (Fig. 5). If an animal has a repertoire of size \( n \), then the shape space for that animal would contain \( n \) different points. We shall assume that shape space is a bounded region of \( R^h \) with volume \( V \), since there is only a restricted range of widths, lengths, charges, etc. that a receptor combining site can assume. For example, one would never find a receptor with a combining site dimension of one meter.

Antigens are not recognized as whole objects but rather are parsed into small regions known as antigenic determinants or epitopes. Epitopes are also characterized by generalized shapes, which should lie within \( V \). For example, a receptor combining site with a length of 1 nm cannot be expected to recognize an epitope 10 nm long. In order to estimate how well an animal with a receptor repertoire of size \( n \) can recognize molecular determinants, let us assume that a receptor \( i \) and antigenic determinant \( \tilde{r} \) fit together perfectly. If the receptor and epitope shapes are not quite complementary then the two molecules may still bind but with lower equilibrium binding constant or “affinity.” At some low level of affinity, e.g., \( 10^4 M^{-1} \) (\( M = \) moles/liter), immunologists say that the interaction is not specific and that the molecules are not complementary. To describe this we assume that each receptor interacts strongly enough to generate an immune response with all epitopes that are within a small region in shape space surrounding its exact complement. Although the region need not be spherical it is easiest to think of it this way and call the region a “recognition ball.” Let \( V_{r(k)} \) be the volume in \( S \) of the recognition ball of radius \( \epsilon_i \) for receptor \( i \). The radius \( \epsilon_i \) is a function of the threshold affinity \( K \) for specific recognition. If the recognition region is not spherical, then \( \epsilon \) is chosen so that the recognition ball has the same volume as the nonspherical recognition region. Let \( V_{r(K)} \) be the average volume of a recognition ball in \( S \). [If one wanted to be more precise and not use

\[ \int_S V_{r(K)} \]
thresholds one could assign an explicit affinity to each pair of shapes depending upon their location in shape space. This approach was taken by Segel and Perelson (1988).

Because each receptor can recognize all antigenic determinants within a recognition ball, a finite number of antibodies can recognize an infinite number of antigens. The ability of the immune system to recognize essentially any antigen has been puzzling to immunologists who assumed each antibody was complementary to only one antigen as in the classical lock and key analogy.

To complete the model, let us assume that receptors are made with random shapes. Thus the \( n \) receptors lie scattered at random in the shape space. If each receptor has roughly the same recognition volume \( V_e \), then the total volume covered by all of the receptors in the repertoire is \( nV_e \). If this volume is large compared with the total volume of shape space \( V \), then one would expect that the various antibodies would have recognition regions that overlap and completely cover shape space. In fact, each epitope would on average be recognized by \( nV_e/V \) different receptors, and the probability \( P \) that an epitope would not be recognized by some receptor is (Perelson and Oster, 1979)

\[
P = (1 - V_e/V)^n = e^{-nV_e/V}. \tag{2.1a}
\]

The expression on the right is the one that would result from assuming a Poisson distribution of antibodies in shape space, i.e., it is the probability of finding a point (i.e., an epitope) lying in no antibody recognition ball.

We can use Eq. (2.1a) to quantify the completeness of the repertoire. Typically, of order \( 10^{-5} \) of the B cells or T cells in an animal respond to any epitope (see Klinman and Press, 1975). This value is an estimate of \( p \), the probability that a receptor recognizes a random antigenic determinant with an affinity above the threshold value \( K \) required to stimulate a lymphocyte. To interpret \( p \) within the context of shape-space theory, notice that if one randomly places an epitope in shape space, the probability that it lands in the volume \( V_e \) surrounding any given receptor is \( V_e/V \), the fraction of the shape-space volume covered by a single receptor. Thus, if the readout of immune recognition is lymphocyte stimulation, \( p = V_e/V \approx 10^{-5} \), and

\[
P = (1 - p)^n = e^{-pn}. \tag{2.1b}
\]

With this rough estimate, Eq. (2.1b) predicts that animals with a repertoire of \( n = 10^6 \) will have immune systems with only marginally proficient abilities to recognize foreign antigens, i.e., \( e^{-1} \) or 37% of epitopes will escape detection. However, if \( n = 5 \times 10^5 \) then \( P \) falls to \( 7 \times 10^{-3} \) and less than 1% of epitopes escape detection. If \( n = 10^6 \), then \( P = 4 \times 10^{-5} \) and essentially all epitopes will be recognized. Thus a repertoire of order \( 10^6 \), composed of receptors with random shapes, will be complete. This is interesting because the smallest known immune system is that of a young tadpole, which is estimated to have \( 10^6 \) lymphocytes and thus a repertoire of order \( 10^5 \) to \( 10^6 \) (Du Pasquier, 1973; Du Pasquier and Haimovitch, 1976). As far as we know, smaller immune systems do not exist, and the calculation given above suggests that this is the case because such immune systems would recognize antigen so infrequently that they would provide little, if any, protective advantage.

To summarize, assuming \( p \) is of the order of \( 10^{-5} \), the receptor repertoire will be complete if three hypotheses are satisfied: (i) Each receptor can recognize a set of related epitopes, each of which differs slightly in shape. (ii) The repertoire size is of the order \( 10^6 \) or greater. (iii) The receptors in the repertoire have shapes that are randomly distributed throughout shape space.

Experiment has shown that hypothesis (i) is satisfied. Although binding is highly specific, antibodies can bind more than one epitope. If the epitopes have related chemical structures the antibody is called cross-reactive. If the epitopes have very different chemical structures, the antibody is called multireactive. The strength of binding may differ for different epitopes and is reflected in differences in affinity. The situation with helper T cells is similar. Helper T cells recognize peptides bound to MHC class-II molecules on the surfaces of antigen-presenting cells. By mutating the peptide, one has been able to show that a set of related peptides all bind the same T-cell receptor and are capable of leading to T-cell activation.

Although exact repertoire sizes are not known, the best current estimates for mice (the best-studied model system) place the expressed repertoire size at approximately \( 10^7 \) for both B cells and T cells. Thus we are reasonably confident that hypothesis (ii) is also satisfied.

Hypothesis (iii) is almost certainly not strictly satisfied. Receptors are not made by a totally random process but are constructed from genes. The genetic machinery involved in generating antibody and T-cell receptors is very diverse and error prone, so that most immunologists believe that to a good approximation shape space is covered. However, it is clear that one can breed mice to have “holes” in their repertoire. The basic genetic building blocks out of which B- and T-cell receptors are made biases the ultimate repertoire. This bias may be towards antigenic determinants that are found on common pathogens. Thus during evolutionary time the immune system may have learned that there are regions of shape space that are more important to cover than others. The repertoire may thus be biased towards this type of coverage. Work by Forrest et al. (1993), using simulations based on genetic algorithms, has shown how biased repertoires can develop. Also, it is now clear that elements in the repertoire that recognize self are deleted from the T-cell repertoire, further introducing holes.

A weaker form of hypothesis (iii) will suffice. Not all receptor shapes need be made at random. It will suffice if a subset of the repertoire of size \( 5 \times 10^5 \) to \( 10^6 \) is distributed randomly throughout \( V \); other receptors could be distributed nonrandomly and the repertoire would still be complete.

B. Self-nonsens discrimination and the probability of recognition

It is interesting to ask why evolution selected a value of \( p \) of order \( 10^{-5} \). If \( p = 1 \), then receptors would be
perfectly efficient and recognize everything, and a repertoire of size $n=1$ would suffice for perfect recognition of all antigens. The answer, of course, is that the perfect antibody would stick to everything including all self molecules. Thus, while not obvious at first, considerations of self-nonself discrimination may have played a role in selecting a reduced size for $p$. Percus, Percus, and Perelson (1992, 1993) have posed the problem in the following way.

Consider a repertoire of size $n$ in an animal with $N'$ self epitopes in an environment with $N$ foreign epitopes. Let $P(N,N';n)$ be the probability that a receptor repertoire of size $n$ has the property that all of $N$ foreign epitopes are recognized by at least one receptor in the repertoire, but that none of $N'$ self epitopes are recognized. Let $p$ be the probability that a random receptor recognizes a random epitope, and the corresponding complementary probability, $q = 1 - p$. Then

$$P(N,N';n) = (1 - q^n)^N q^{nN'}.$$  \hfill (2.2)

The maximum of Eq. (2.2) is achieved when

$$q = \left(1 + \frac{N}{N'}\right)^{-1/n} \sim 1 - \frac{1}{n} \ln \left(1 + \frac{N}{N'}\right).$$  \hfill (2.3)

If the present-day immune system has optimized $P(N,N';n)$, then we would expect the probability of successfully recognizing a random epitope, $p = 1 - q$, to be computable from Eq. (2.3). Hence

$$p \sim \frac{1}{n} \ln \left(1 + \frac{N}{N'}\right).$$  \hfill (2.4)

Although the number of foreign and self epitopes that the immune system deals with is unknown, let us assume $N = 10^{10}$, which is the lower limit proposed by Inman (1978). Now if the number of self epitopes $N' = 10^5$, i.e., 10 epitopes in each of the $10^5$ or so self proteins coded for in the human genome, then by Eq. (2.4), with $n = 10^4$, $p = 2 \times 10^{-6}$. This is somewhat smaller than empirical estimates. For example, Cancro et al. (1978) estimate that 1.3 B cells per hundred thousand recognizes the hemagglutinin protein on influenza. Assuming that this measured frequency is an estimate of the probability that a randomly chosen B cell recognizes hemagglutinin, for this antigen $p \approx 1.3 \times 10^{-5}$. Since hemagglutinin is a protein found on the surface of a naturally occurring virus it is a good choice for comparison with our theory. However, as a protein it may have multiple epitopes, which may explain the fivefold higher measured frequency than our theory predicts. One might question the assumption of 10 epitopes per self protein or $10^{10}$ foreign epitopes. However, due to the logarithmic nature of Eq. (2.4) our estimate of $p$ is not very sensitive to changes in $N$ and $N'$.

C. Predicting the size of epitopes

So far in our consideration of receptor-ligand interactions we have not quantified the degree of match between two molecules. In this section we shall present a simple model for determining molecular complementarity and use that model to predict the optimal size of an epitope. We restrict our attention to epitopes composed of amino acids.

Farmer, Packard, and Perelson (1986) introduced the idea of using a binary string to represent the shape of a receptor. Any of a number of string-matching algorithms could then be used to determine the degree of complementarity between strings. Here we shall pursue of generalization of that idea, introduced by Percus, Percus, and Perelson (1993), in which strings chosen from an alphabet of $m$ letters are used. The idea here is that amino acids can be classified into groups depending on their chemical properties. Thus as a simple caricature of the amino acid combining site of a receptor and the complementary epitope, we assume both are composed of $m$ types of amino acids, with each amino acid complementary to exactly one other amino acid in the alphabet. As an example, amino acids can be classified as being hydrophobic or hydrophilic, and if they are hydrophilic as being positive or negatively charged. This leads to $m = 3$ with positive complementary to negative and hydrophobic complementary to hydrophobic. We also assume that a receptor need only be complementary to a piece of the antigen, i.e., an epitope, where an epitope is defined as a sequence of at least $r$ letters. Let us see the consequence of this assumption on the value of the successful recognition probability $p$. Once we compute $p$ as a function of $r$, we shall invert the function $p(r)$ and estimate the size of an epitope, $r$, that is consistent with a particular value of $p$. Interestingly, this simple approach yields realistic estimates of epitope sizes.

Consider the simple case in which the receptor and antigen are both sequences of length $<$. Align the two sequences and denote a matching or complementary pair of letters by $x$, with probability $1/m$, and a non-matching pair by $y$, with probability $(m-1)/m$. We now compute the probability $p$ of at least one sequence of at least $x$'s out of the total of $< $ entries. This matching problem has a venerable history, going back at least to de Moivre (see Uspevsky, 1937). We shall solve it, using generating functions, as described in Percus, Percus, and Perelson (1992). It is convenient to switch consideration to $q = 1 - p$, and hence to the probability of having no sequence of $x$'s longer than $r-1$ out of a sequence of $< $'s and $y$’s. Let us not worry about $<$ for the moment and simply construct the generating function for all sequences of $x$’s and $y$’s satisfying this condition. A typical sequence will belong to the set of $2t + 1$ groupings

$$x^{a_1}yx^{a_2}y_1 \cdots x^{a_{t-1}}yx^{a_t},$$

where $t \geq 1$, $0 \leq a_j \leq r-1$. \hfill (2.5)

---

1As pointed out to us by B. Sulzer, all cells, if they used recognition as the criterion for stimulation and action, would also be called into the response. Thus graded levels of response might be difficult or impossible to obtain.
Summing over all \( \{ a \} \), we have 
\[
(1 - x'/1 - x) y \cdots (1 - x'/1 - x) \text{ and then over } t, \frac{1}{1(1 - x'/1 - x') - y},
\]
giving us the generating function for all such sequences,
\[
G(x, y) = \frac{1 - x'}{1 - x - y(1 - x')}. \tag{2.6}
\]

Now we assume that \( x \) has the probability weight \( 1/m \), \( y \) has \((m-1)/m\). If we give \( x \) and \( y \) a further weight \( z \), we are then able to extract sequences of length \( l \) by just taking the coefficient of \( z^l \). Hence, making the replacement \( x \rightarrow (1/m)z \), \( y \rightarrow (m-1/m)z \) in Eq. (2.6), we have
\[
q = \text{coeff of } z^l \text{ in } \frac{1 - \lambda z^l}{1 - z + \lambda(m-1/m)z^{l+r}}, \tag{2.7}
\]
where \( \lambda = m^{-r} \). Although an exact solution can be found (Uspensky, 1937), it is not convenient for computation, especially when \( l \gg r \). To proceed, we expand in \( \lambda \) as a small parameter,
\[
q = \text{coeff of } z^l \text{ in } \frac{1 - \lambda z^l}{1 - z} \left[ \frac{m-1}{m} \frac{z^{l+1}}{(1-z)^2} + \frac{z^l}{1-z} \right] + \cdots, \tag{2.8}
\]
which we evaluate at once as
\[
q = 1 - \lambda \left[ \frac{m-1}{m} (l/r) + 1 \right] + \cdots. \tag{2.9}
\]
This expression can be used to compute \( r \) as function of \( p \). Assuming \( l \gg r > 1 \), i.e., dropping the negligible \((m-1)/m) \rangle 1 \) and \( 1 \) in Eq. (2.9), and using the definition of \( \lambda \) we obtain
\[
r = -\ln_m p + \ln_m (1 - r/m). \tag{2.10a}
\]
To obtain an estimate of \( r \) one can either use experimental estimates of \( p \) or one can substitute the optimal value of \( p \) from Eq. (2.4) and obtain
\[
r = -\ln_m n^{-l} - \ln_m \left[ \frac{m}{m-1} \ln \left( 1 + \frac{N}{N'} \right) \right]. \tag{2.10b}
\]
Thus the size of the combining site \( r \) is mainly determined by the total number of \( m \) bits in \( n \) and \( l \), and, in particular, is very insensitive to the number of foreign and self epitopes, \( N \) and \( N' \), respectively.

In the physical system, when antibody binds an antigen the binding need not involve a single uninterrupted sequence of matches. In crystal structures of antigen-antibody complexes one observes that binding can occur over an area, and several linear pieces may be involved. Thus, for successful binding, a criterion requiring, say, at least \( t \) sequences of at least \( r \) matches might make more sense. Generalizing the above to such a criterion is not difficult: we “tag” any subsequence of \( r \) or more matches by a variable \( \zeta \) in order to recognize it, thereby replacing the strict failure contribution \( (1 - x')/(1 - x) \) in Eq. (2.6) by
\[
\sum_{a=0}^{r-1} x^a + \zeta \sum_{a=r}^{\infty} x^a = \frac{1 - x'}{1 - x} + \frac{\zeta x^r}{1 - x}. \tag{2.11}
\]
When we do this, Eq. (2.6) is replaced by
\[
G(x, y, \zeta) = \frac{1 - x' + \zeta x^r}{1 - x - y(1 - x' + \zeta x^r)}. \tag{2.12}
\]
Failing configurations are then those in which only the powers \( 1, \zeta, \zeta^2, \ldots, \zeta^{r-1} \) are present. Since
\[
(\text{coeff } \zeta^0 + \text{coeff } \zeta^1 + \cdots + \text{coeff } \zeta^{r-1}) G(\zeta) = \text{coeff } \zeta^{r-1}[G(\zeta)/(1 - \zeta)], \tag{2.13}
\]
we have, in the same fashion as Eq. (2.8),
\[
q = \text{coeff } z^{r-1} \text{ in } \frac{1 - \lambda(1 - \zeta) z^r}{1 - z + \lambda(m-1/m)(1 - \zeta) z^{r+t}}, \tag{2.14}
\]
from which
\[
p = \lambda \left[ \frac{m-1}{m} \right] \text{coeff } z^r \text{ in } \frac{z^{r+t-1}/(1 - z) - z^{r+t}/m}{1 - z + \lambda(m-1/m)z^{r+t+r}}. \tag{2.15}
\]

To leading order in \( \lambda \), Eq. (2.15) becomes
\[
p \sim \lambda \left[ \frac{m-1}{m} \right] \left[ \left( \left\langle 1 + rt \right\rangle - \frac{1}{m} \left\langle 1 - rt \right\rangle \right] \right]. \tag{2.16}
\]
so that, \( l \gg r \),
\[
\ln_m p \sim -rt + t \ln_m \left( \frac{m}{m-1} \right) \cdots. \tag{2.17}
\]
Now, comparing with our previous estimate, Eq. (2.4), we have
\[
rt = \ln_m (n^l) + \ln_m \left( \left[ \left\langle m/(m-1) \right\rangle \right] \ln(N/N') \right) + \cdots. \tag{2.18}
\]
In other words, allowing the \( R = rt \) matching sites to be distributed in pieces indeed increases the required value of \( R \), but not significantly until \( l \) approaches the order of \( n \).

How reliable is the estimate given by Eq. (2.10)? A reasonable value for the size of the accessible receptor variable region is \( l \sim 100 \) amino acids (Percus, Percus, and Perelson, 1993). Using a three-letter charge alphabet, \( m = 3 \), and \( l \sim 100 \), \( n = 10^7 \), \( N = 10^5 \), and \( N' = 10^6 \), Eqs. (2.10a) and (2.10b) predict \( r \sim 14.3 \) and 15.6, respectively. If \( l \geq 70 \) rather than 100, then Eq. (2.10b) predicts \( r \sim 15.3 \); if \( N/N' = 10^9 \) rather than \( 10^6 \), and Eq. (2.10b) predicts \( r \sim 15.7 \), illustrating the insensitivity of the results to the choice of \( l \) and the ratio of foreign to self antigens. These predicted values are consistent with the various experimental determinations on the number of contact residues between antibody combining sites and protein antigens and the size of the region on the MHC-peptide complex that interacts with the T-cell receptor. For example, Amit et al. (1986) found that in an antigen (lysozyme)-antibody complex, the interface was tightly packed with 16 lysozyme and 17 antibody residues making close contact. Sheriff et al. (1987), looking at a second epitope on lysozyme, found that it was composed of three sequentially separated subsites containing a total of 14 residues in direct contact with the antibody. Surprisingly, Cygler et al. (1991) found that even...
with an oligosaccharide antigen there were 15 residues in contact with the antigen. Ajitkumar et al. (1988) found that T cells recognized a region on peptide-MHC complexes of approximately 600 Å², which is roughly the same contact area as in the antigen-antibody complexes of native proteins like lysozyme (Sheriff et al., 1987) and influenza virus neuraminidase (Colman et al., 1987).

Our predictions are sensitive to the alphabet size m. Thus, if m = 4 rather than 3, then Eqs. (2.10a) and (2.10b) give r = 11.3 and 12.5, respectively. However, we argue in Percus, Percus, and Perelson (1993) that based on empirical data m = 3 appears to be a quite reasonable estimate.

Why is the result given by Eq. (2.10) interesting? First, it provides a quantitative estimate of what should be clear—that epitopes cannot be too small or too big. If epitopes were very small, say two amino acids, then the same epitope would be expected to be found on both foreign and self proteins. For example, Ohno (1991), looking at the information on the amino acids of proteins in current databases, observed that two totally unrelated proteins, on the average, shared 30 identical tripeptides, two tetrapeptides, and one pentapeptide per 500 residues. Hence receptors that recognized short patterns would be expected to bind molecules throughout the body. Thus, to be useful, receptors must recognize long strings that uniquely characterize the antigen population. Recognizing each antigen by its entire string would require a receptor for each possible antigen and would not be consistent with reasonable repertoire sizes. Thus antigens need to be recognized over regions that are long but not too long. It is interesting that this principle when made quantitative predicts epitopes sizes that are consistent with observation. Second, from a more general perspective, the calculation illustrates an important principle, namely, that the diversity seen in immune repertoires reflects not only the large number of foreign epitopes that the immune system must recognize but also, and even more importantly, the number of self epitopes that the immune system must avoid reacting with, a point further discussed in De Boer and Perelson (1993).

### III. CLONAL MODELS

A central issue in immunology is the regulation of the immune response. What determines which clones are involved, how big do the clones grow, and how is the response turned off once the antigen is eliminated?

The simplest idea, based on clonal selection, is that particular subsets of B cells (and T cells) are selected for growth and differentiation by antigen, and turn off when the antigen concentration falls below some threshold. Antibody feedback and antigen specific helper, and possibly suppressor, T cells could regulate the magnitude of the response. In this clonal selection view, antigen-specific clones respond more or less independently of one another and are primarily regulated by antigen. Furthermore, in the absence of antigen, the immune system would be predicted to be at rest.

In this section we develop models in which B cells interact with antigen and this interaction determines the kinetics of the cell’s response. In Sec. IV we shall examine network models in which clones of B cells can interact with each other as well as with antigen.

#### A. Receptor cross-linking and cell activation

One of the most fundamental issues in immune system modeling is determining what the correct equations are for describing the growth of cells in the immune system. Although we should like to begin from a complete description of the properties of lymphocytes and how they vary in response to various inputs, such information is still lacking. As compared to neurobiology, where the Hodgkin-Huxley equations have provided a basis for modeling, quantitative immunology is still in its formative stages. There are no agreed upon generic equations describing the properties of single cells. Many modelers have used a “log-bell-shaped” function to describe how B cells respond as a function of antigen dose. By log-bell-shaped we mean a function that when plotted on a logarithmic scale has a shape that resembles a Gaussian. Here we give a brief description of where the log-bell-shaped function comes from and try to justify its use in this early stage of modeling in immunology.

B cells have on their surfaces between 10⁴ and 10⁵ immunoglobulin molecules that act as receptors for antigen. Immunoglobulin molecules are Y shaped, with the terminal portions of the arms of the Y forming the antigen binding region (Fig. 1). Because the receptors are bivalent (i.e., have two identical arms), each receptor can bind 0, 1, or 2 epitopes. Experiments have shown that monovalent antigen cannot stimulate B cells, whereas bivalent and multivalent antigen can. Frequently, anti-immunoglobulin antibodies are used as a “generic” bivalent antigen, since these molecules are capable of binding immunoglobulin receptors of all specificities. Antibody molecules can be enzymatically cleaved. A fragment, known as Fab (Fig. 1), contains one arm of the Y-shaped antibody molecule and binds monovalently. Fab fragments of anti-immunoglobulin molecules bind B cells but do not stimulate them, whereas complete bivalent anti-immunoglobulin can stimulate B cells. Experiments such as these have led to the notion that antigen binding to B cells per se is not the signal that triggers clonal expansion, and it has been inferred that the triggering signal involves the cross-linking or clustering of receptors on the cell surface. This has been shown to be the case in a rather direct manner on basophils, another type of white blood cell involved in allergic reactions, which respond to stimulation by releasing histamine-containing granules.

Receptor cross-linking is attained when multiple receptors bind to a single multivalent antigen. Because surface immunoglobulin molecules are bivalent, one immunoglobulin may also bind two different antigens and cause the formation of large receptor aggregates. Cross-linking brings and holds receptors close together within the cell membrane and allows subsequent intracellular...
biochemical reactions to occur that seem to be necessary for cell activation. The fraction of linked surface receptors initially increases with the free-antigen concentration. When free-antigen molecules are in excess, each receptor site tends to be bound to a different antigen molecule and few antigen molecules are simultaneously bound by several receptors. Thus we might expect the degree of receptor cross-linking first to increase with free-antigen concentration, then to reach a maximum, and then to decrease as the antigen concentration continues to rise.

Consider the following model for the cross-linking of bivalent receptors by a bivalent antigen (Fig. 6). Molecules that bind to a receptor are called ligands. We analyze a situation in which there are a fixed number of B cells, each with a constant number of bivalent receptors on its surface. Thus the total number of receptor sites in the system, \( S_0 \), is constant. Assume that the two sites on each receptor are identical and can be characterized by the same forward and reverse kinetic constants. Further assume that these binding constants are the same when the receptor is free and when it is in an aggregate. This is called the equivalent-site hypothesis.

Let \( S(t) \) be the concentration of free sites at time \( t \), let \( C \) be the concentration of free bivalent ligand, \( C_1 \) be the concentration of ligand bound at one site, and \( C_2 \) the concentration of ligand bound at both sites. Note that \( C_2 \) is the concentration of cross links. To describe the kinetics of cross-linking, let \( k_f \) and \( k_r \) be kinetic constants describing the binding and release of one site on the ligand to and from a receptor site, let \( k_x \) and \( k_{-x} \) be kinetic constants describing the binding and unbinding of the second site on a ligand already bound at one site. Also, let \( K = k_f / k_r \) and \( \tilde{K} = k_x / k_{-x} \) be the corresponding equilibrium constants. Then by the law of mass action we can write

\[
\begin{align*}
C + S &\rightleftharpoons C_1, \\
& k_f \\
C_1 + S &\rightleftharpoons C_2, \\
& 2k_{-x}
\end{align*}
\]

The factors of 2 arise because either site on the ligand can bind to a receptor site, and either of the two bound sites on \( C_2 \) can dissociate. By conservation of receptor sites,

\[
S_0 = S(t) + C_1(t) + 2C_2(t),
\]

where we have used the fact that \( C_1 \) occupies one site and \( C_2 \) occupies two sites. In what follows, we shall assume ligand is in excess and take \( C(t) \) to be a constant, which for simplicity we denote \( C \).

Although approximate solutions can be found for the kinetic equations, Eqs. (3.1)–(3.3) (Perelson and DeLisi, 1980), here we shall examine only the equilibrium solution. At equilibrium,

\[
C_1 = 2KCS,
\]

\[
C_2 = K_x C_1 S / 2 = KK_x CS^2.
\]

Substituting into Eq. (3.3) and simplifying, one finds

\[
S = S_0 (1 - \beta) \left( -1 + \sqrt{1 + \delta} \right),
\]

where

\[
\beta = \frac{2KC}{1 + 2KC}, \quad \text{and} \quad \delta = (1 - \beta)K_x S_0.
\]

Hence the equilibrium concentration of cross links

\[
C_2 = \frac{S_0}{2} \left( 1 + 2\delta - \sqrt{1 + 4\delta} \right).
\]

Notice that \( C_2 \) depends only on \( \delta \) and that \( \delta \) in turn depends on \( K_x S_0 \), a dimensionless cross-linking equilibrium constant, and on the ligand concentration C. The dependence on \( C \) is through the term \( \beta (1 - \beta) \), which is zero when \( C = 0 \), i.e., \( \beta = 0 \), and when \( C \rightarrow \infty \), i.e., \( \beta = 1 \), and which has a single maximum at \( C = 1/2K \), i.e., \( \beta = 1/2 \). The fraction of cross-linked receptors \( C_2 \) inherits these properties and, when plotted versus log \( 2KC \), has a bell-shaped form with a single maximum at \( 2KC = 1 \). The curve is symmetric around this maximum (see Fig. 7). The graph of \( C_2 \) versus log \( C \) has been called a cross-linking curve. Because receptors are bivalent, it is possible for a ligand to bind both arms of a single receptor. When this is taken into consideration, cross-linking curves can have two local maxima (Dembo and Goldstein, 1978).

This simple example was meant to show how a bell-shaped cross-linking function can arise. An extensive modeling effort has pursued the development of both dynamic and equilibrium models of receptor cross-linking for bivalent, trivalent, and multivalent ligands, interacting with monovalent, bivalent, and multivalent
\[ C_2 = f[\ln(C)], \]

(3.9)
is no longer symmetric (Perelson, 1981). Typically it has a single broad maximum over a range of low concentrations and falls rapidly at high concentrations. However, empirical dose-response curves showing, for example, the concentration of antibody produced in mice versus the logarithm of the antigen concentration are still bell-shaped even when multivalent antigens are used (see Dintzis, Vogelstein, and Dintzis, 1982; Vogelstein, Dintzis, and Dintzis, 1982). In what follows, we shall assume that activation functions for cell proliferation and differentiation are log bell shaped and resemble the cross-linking curve derived in the example of a bivalent ligand binding to bivalent receptors without ring formation.

B. Clonal selection models: B-cell proliferation and differentiation

Bell (1970, 1971) developed the first model of clonal selection. It was quite complete for its time, and it included the dynamics of antigen binding to B-cell receptors and the various stages of B-cell differentiation. In the model, based on the scheme shown in Fig. 4, a set of small resting or virgin B cells are present before introduction of antigen that are capable of being stimulated into proliferation by antigen. The model assumes that in the presence of sufficient antigen the proliferating cells continue to multiply and produce antibody, which can bind to antigen and hasten its elimination. When the antigen concentration falls to a low level it is assumed that the cells stop proliferating and divide asymmetrically to become plasma cells and memory cells. Plasma cells are terminally differentiated cells that produce large amounts of antibody but that are incapable of further division (Eisen, 1980). The memory cells were assumed to be similar to virgin cells, i.e., producing no antibody and capable of being stimulated by antigen. They may be more easily triggered than virgin cells but in the model this was ignored. Interestingly, in the 25 years since the model was formulated the actual process that controls whether a proliferating cell becomes a plasma cell or a memory cell has still not been elucidated. Thus, while the assumption of half the cells becoming memory cells and half plasma cells seems too simplistic, Bell found that the model yielded reasonable predictions.

The dynamics considered were
\[ \frac{dS}{dt} = m(t) - F(R')S/T_1, \]

(3.10a)
\[ \frac{dL}{dt} = G(R')S/T_1 + H(R')L/T_2 - L/T_2', \]

(3.10b)
\[ \frac{dP}{dt} = \frac{1 - H(R')}{2} L/T_2 - P/T_3, \]

(3.10c)
\[ \frac{dM}{dt} = \frac{1 - H(R')}{2} L/T_2 - M/T_4, \]

(3.10d)
where $S$, $L$, $P$, and $M$ and the number per unit volume of small (virgin) lymphocytes, large (proliferating) lymphocytes, plasma cells, and memory cells, respectively. Small lymphocytes are created in the bone marrow and thus have a source, $m(t)$. The parameters in the model are $T_1$, the mean time for an optimally stimulated virgin cell to become a proliferating large lymphocyte; $T_2$, the mean time for a proliferating cell to divide; $T_2'$, the mean time for death of a proliferating cell; $T_3$, the mean time for death of a plasma cell; and $T_4$, the mean time for death of a memory cell.

The model also includes a number of functions of $R'$, the average number of occupied receptor sites per cell. Thus this model, developed before experimental information on the importance of receptor cross-linking was elucidated, assumes that cell responses are proportional to receptor occupancy. Interestingly, current models of affinity maturation by somatic mutation (Kepler and Perelson, 1993a, b), discussed in Sec. III C, also assume responses proportional to receptor occupancy. The current models are motivated by the fact that, in environments such as the spleen and lymph nodes, antigen is localized on the surface of specialized antigen-trapping...
cells called follicular dendritic cells (FDC). When receptors on the B cell bind antigen on an FDC, the B-cell receptors cluster at the interface between the two cells. This bringing of the receptors close together may provide the same signals to the B cell as the cross-linking of receptors by soluble antigen.

In Eqs. (3.10a), and (3.10b), \( F \) and \( G \) are functions that control the stimulation of small lymphocytes through antigen binding to their immunoglobulin receptors. The idea is that, as receptor sites are bound, a small lymphocyte has a better chance of being activated. Thus \( F \) is chosen to be a monotonically increasing function of \( R' \), the number of occupied receptor sites. Bell used \( F(R') = R'/ (1 + R') \), but other monotonic functions should work just as well. The function \( G \) is equal to \( F \) times the fraction of virgin cells induced to proliferate rather than to die. Bell assumed that when a large fraction of the receptors on a cell were occupied the cell tended to die rather than to proliferate. This was modeled by choosing \( G(R') = (1 - r')F(R') \), where \( r' \) is the fraction of receptor sites occupied on a cell, i.e., \( r' = R'/R_T \), where \( R_T \) is the total number of receptor sites per cell. Note from Fig. 7 that at high antigen concentrations cross-linking decreases. Since receptor occupancy will increase monotonically with antigen concentration, Bell’s function \( G \), like the cross-linking function, decreases at high antigen. Thus Bell’s model, even though it does not explicitly consider cross-linking, still incorporates the most important phenomenological feature of cross-linking, decreasing response at high antigen doses.

Lastly, Bell assumed that the fraction of large lymphocytes that still proliferate following division is \( [1 + H(R')] / 2 \); the fraction that become plasma and memory cells is thus \( [1 - H(R')] / 2 \). Thus, when a proliferating cell divides, there results on average \( 1 + H(R') \) proliferating cells for a net change of \( H(R') \) cells. Bell chose \( H = (R' - 1) / (R' + 1) \), so that when many sites were occupied \( H \approx 1 \) and most divisions led to proliferating cells, while when few sites were occupied, \( R' \ll 1, H \approx -1 \) and most divisions led to plasma and memory cells.

In order to compute \( R' \), Bell also modeled the production of antibody by large lymphocytes and plasma cells and the loss of antibody by natural decay and by binding to antigen. A differential equation was also included for the total amount of antigen in the system, and chemical equilibrium equations written for the fraction of antigen bound to cells and to antibody. Thus the model comprised six differential equations and algebraic equations describing chemical equilibrium between antigen and antibody in solution and receptors on cells. The equations were solved numerically and gave rise to reasonable dynamics for an immune response.

A more elaborate version of the model was then formulated that contained a large number of different clones, each clone characterized by having a receptor with a different affinity for antigen and secreting antibody with that affinity. Equation (3.10a) was also modified by adding a term corresponding to memory cells’ being put back into the small lymphocyte pool, which could then be activated. Up to 41 different clones were followed and quantities such as the average affinity of free antibody computed. The model exhibited a phenomenon called maturation of the immune response, in which the average antibody affinity increased with time. This was due to the fact that cells with higher affinity would preferentially bind antigen as the antigen concentration was reduced. Thus for low affinity cells \( R' \) would be small and there would be little stimulation and little proliferation, while for high affinity cells \( R' \) would be large and proliferation would expand their numbers. Bell compared simulation results obtained with different antigen concentrations with experimental data on affinity maturation.

Perelson, Mirmirani, and Oster (1976) examined in more detail the choices a stimulated B cell has in terms of either proliferating and secreting modest amounts of antibody or giving up the ability to divide and differentiating into a short-lived plasma cell that rapidly secretes antibodies. They developed a model based on Bell’s previous work that included only three populations: large lymphocytes \( L \), plasma cells \( P \), and antibody \( A \). They assumed

\[
\frac{dL}{dt} = pu(t)L - d[1 - u(t)]L - \mu_L L, \tag{3.11a}
\]

\[
\frac{dP}{dt} = d[1 - u(t)]L - \mu_P P, \tag{3.11b}
\]

\[
\frac{dA}{dt} = k(L + \gamma P), \tag{3.11c}
\]

where \( p \) is the average proliferation rate of large lymphocytes and \( d \) is their average differentiation rate into plasma cells. It was assumed that at a given time a fraction \( u(t) \) of lymphocytes proliferated and the remaining fraction \( 1 - u(t) \) were differentiating into plasma cells. Lymphocytes and plasma cells had death rates \( \mu_L \) and \( \mu_P \), respectively, and large lymphocytes secreted antibody at rate \( k \), whereas plasma cells secreted antibody at a rate \( \gamma > 1 \) times larger. Using optimal control theory, Perelson, Mirmirani, and Oster (1976) asked how \( u(t) \) should be chosen in order to minimize the time needed to secrete the amount of antibody \( A^* \) required to neutralize a given dose of antigen. Thus the control problem was

\[
\min \int_0^T dt, \tag{3.12a}
\]

where the minimization was carried out over all functions \( u \) and where the final time \( T \) was defined by

\[
A(T) = A^*. \tag{3.12b}
\]

Using Pontryagin’s maximum principle, they discovered that there were a number of possible strategies \( u^*(t) \) for an optimal primary response. They showed that if \( \gamma < 1 \), so that plasma cells hold no advantage over large lymphocytes, then the optimal strategy is \( u^*(t) = 1 \), \( 0 \leq t \leq T \), i.e., produce only large lymphocytes.
Parameter estimates suggest that plasma cells have a large advantage over lymphocytes and thus the immune system probably operates with \( (\gamma-1)d > p \). In this parameter regime, the optimal strategy depends on the antigen concentration. If the antigen concentration is sufficiently low that a single generation of plasma cells could produce the target amount of antibody \( A^* \), then the optimal control is \( u^*(t) = 0, 0 \leq t < T \), i.e., differentiation to plasma cells should begin immediately, with no proliferation of large lymphocytes. The more relevant case occurs when \( A^* \) is large. Plasma cells live a short time, so that immediate differentiation to plasma cells could deplete all the lymphocytes in the body that could respond to the antigen before \( A^* \) was reached. Thus with \( A^* \) large, the optimal strategy is proliferate first, i.e., \( u^*(t) = 1, 0 \leq t < t^* \), so that a large pool of lymphocytes is created, and then switch to plasma cell differentiation, \( u^*(t) = 0, t^* \leq t \leq T \). The switching time \( t^* \) is a function of the parameters and can be computed explicitly. The optimal solution is thus a “bang-bang” control in which \( u \) is always either 0 or 1. It is interesting that no graded response with \( u \) varying between 0 and 1 is more efficient than this extreme control with differentiation either being fully off or fully on. Using realistic parameter estimates, Perelson, Mirmirani, and Oster (1976) computed that the optimal switching time \( t^* \) should be approximately four days. This is roughly when the first plasma cells are observed experimentally.

Perelson, Mirmirani, and Oster (1978) extended their control model so that they could consider the possible consequences of repeated exposures to the same antigen. For this case they allowed the possible differentiation of a large lymphocyte into a plasma cell or a long-lived memory cell. Memory cells were assumed to be stimulated into large lymphocytes on a subsequent encounter with antigen. Thus in a second encounter with antigen, i.e., a secondary response, the initial number of large lymphocytes was the sum of the number of virgin cells stimulated plus the number of memory cells created by the end of the primary response that survived until the second encounter with antigen. In order to generate memory cells they had to modify the optimization criterion so that it included the time to complete both the primary and the secondary responses. Since memory cells did not contribute to the primary response but only to the initial conditions for the secondary response, they found, not surprisingly, that it was optimal to create memory cells only at the end of the primary response. Although Perelson, Mirmirani, and Oster (1978) found some data supporting this prediction, not all data were consistent. The major difficulty in comparing prediction to experiment was the fact that experimentalists had not fully characterized the nature of memory cells. This is still the case.

It is not clear yet whether memory in the immune system is carried by long-lived memory cells that remain at rest until a second encounter with antigen, as in the Perelson, Mirmirani, and Oster (1978) model, or if memory is a property carried by a population of proliferating cells. Models in which memory is carried dynamically by proliferating cell populations will be given in Sec. IV. There is also a third possibility—memory may be carried by retained antigen, with lymphocytes repeatedly encountering this retained antigen and being restimulated. Fishman and Perelson (1995) model this scenario. Data for it also exist. For example, Tew and Mandel (1979) and Tew, Pipps, and Mandel (1980) showed that protein antigens can be retained in the lymph nodes of mice for months, while more recent evidence suggests that retention may be for over a year (Tew, personal communication). Growing antigens, such as viruses or bacteria, can lead to persistent low-level infections that are not cleared, and hence antigen can be present for very long periods indeed. Thus, while it was once thought that memory was due to long-lived memory cells, this view is no longer universally accepted among experimentalists (see Mackay, 1993), and other hypotheses and combinations of hypotheses about the nature of memory need to be explored.

The general problem of control of cell proliferation and differentiation in a network context has been approached by Sulzer et al. (1993). The nature of memory has also been examined theoretically by Behn, van Hemmen, and Sulzer (1992, 1993), and Behn et al. (1993). Batt and Kompala (1990) reexamined the Perelson, Mirmirani, and Oster optimization problem for a replicating antigen using a different optimization criterion. The models we have discussed have all been idealized and have not included the role of T cells in determining B-cell proliferation and differentiation. Models of immune regulation involving T-helper/T-suppressor cell circuits have been developed (see Herzenberg et al., 1980; Eisenfeld and DeLisi, 1985; Kaufman, 1988; King, 1988). We shall not review these models since the very existence of T suppressor cells has been called into question. Including T cells and the cytokines that they secrete (e.g., interleukin-2) in immune system models is still an area in which much work needs to be developed. Although some recent modeling work exists (see Kevrekidis, Zecha, and Perelson, 1988; McLean and Kirkwood, 1990; Goldstein et al., 1992; McLean, 1992; Michie et al., 1992; Kaufman, Andris, and Leo, 1992; Kürten, 1992; Morel, Kalagnanam, and Morel, 1992; Perelson and Goldstein, 1992; Schweitzer, Swinton, and Anderson, 1992; Fishman and Perelson, 1993, 1994, 1995; Merrill, De Boer, and Perelson, 1994; De Boer and Perelson, 1994, 1995; Segel and Jäger, 1994; Morel et al., 1996) we shall restrict our attention in this article to the more developed area of B-cell models.

C. Affinity maturation

Bell’s (1970) model of affinity maturation showed that as the antigen concentration decreased and became limiting higher-affinity cells would capture antigen and grow, while low-affinity cells would be unable to bind enough antigen to remain activated. Thus high-affinity cells would be preferentially selected to grow and the average affinity would increase. The model, however, assumed that cells of all possible affinities preexisted in the
affinity from sequence. If affinities are assigned to variable-region gene sequences at random, say from a log-normal distribution, then a random landscape results. Here a two-dimensional representation of sequence space is indicated, the $x$ and $y$ coordinates being arbitrary indexes. Each integer value $(x, y)$ indicates a sequence, above which a random affinity $K(x, y)$ is plotted.

Recent models of affinity maturation deal with a process known as somatic hypermutation in which point mutations are introduced into the genes that code for the variable portion of the antibody molecule (see Fig. 1) at surprisingly high rates. Mutants with higher affinity for the immunizing antigen are selected for growth and the average affinity increases with time. Models of this process have been developed by Kauffman, Weinberger, and Perelson (1988), Macken and Perelson (1989, 1991), Macken, Hagan, and Perelson (1991), Weisbuch and Perelson (1991), Weimand (1991), Agur, Mazor, and Meilijson (1991, 1992), and most recently by Kepler and Perelson (1993a, 1993b).

The models of Kauffman, Weinberger, and Perelson (1988), Macken and Perelson (1989, 1991) and Macken, Hagan, and Perelson (1991) all deal with spin-glass-like models, in which affinity is defined as a value landscape over the space of antibody V region sequences. Affinity maturation is then modeled as a strictly uphill walk on a random landscape (Fig. 8). Because there are a large number of local optima on a random landscape, strictly uphill walks quickly get trapped at an optimum. Thus these models predict that affinity will improve for a while and then stop improving. When animals are immunized with a foreign antigen and the affinity of B cells for the immunizing antigen measured, one frequently finds B cells that have an increased affinity for the immunizing antigen. Increases of affinity of order ten to fiftyfold are common, larger increases much rarer. After an order of magnitude or so of improvement in affinity, further point mutations tend not to lead to additional substantial improvements. Typically 8 to 10 point mutations are seen, although there is great variability from antibody to antibody; with extremes roughly between 2 and 20 mutations. This stopping of improvement in affinity is precisely what is to be expected from an uphill walk on a rugged landscape. Additionally, one can predict the probability of getting to an optimum in $k$ steps (Macken, Hagan, and Perelson, 1991). For a random landscape the mean of this probability distribution is about 8 with a standard deviation of about 3. This is in surprisingly good agreement with immunological measurements.

Macken and Perelson (1995) have generalized their calculations of walk length to correlated landscapes which result from considering an antibody to be composed of independent parts or “blocks.” Antibody sequences and three-dimensional structures have been partitioned into framework and complementarity-determining regions (CDR). The complementarity-determining region encompasses the parts of the antibody that contact the antigen, and the framework region comprises the remainder of the molecule that provides its general structure. Assuming that the framework and complementarity-determining regions make independent contributions to the fitness of the antibody leads to a two-block model. The fitness landscape is correlated because a mutation in one block leaves the fitness contribution from the other block unchanged. Assuming that the CDR and framework blocks have evolved to different starting fitnesses allows one to fit immunological data on the number of mutations in each of these regions of the antibody molecule.

The landscape models discussed above follow the evolution of only a single antibody sequence. In an animal a large number of different B-cell clones simultaneously respond to antigen and mutate. Further, the somatic mutation process appears to be turned on and off during the course of an immune response and thus the mutation rate varies in time. Kepler and Perelson (1993a, 1993b) developed a model of B-cell growth, mutation, and competition for antigen. In their model they assumed that the rate of somatic mutation could be regulated and they sought the mutation schedule $\mu(t)$ that maximizes, at the end of the immune response, $\Sigma b_i K_i$, where $b_i$ is the number of B cells with affinity $K_i$. Since this model led to some surprising results, we summarize its main features.

B cells were assigned to discrete affinity classes. The response was assumed to be initiated by cells in single affinity class, denote by $i=0$, and assigned affinity $K_0$. Clones with $i<0$ have decreased affinity, whereas clones with $i>0$ have increased affinity. Mutations lead to transitions between the affinity classes, with $m_{ij}$ defined to be the probability that a daughter of a cell in affinity class $i$ mutated to affinity class $j$. These probabilities
were computed from a lower-order model but in principle could be obtained from experimental data.

The B-cell population dynamic equations used by Kepler and Perelson (1993a, 1993b) are

\[ db_i / dt = b_i \theta [ -k_d (1 - h_i) + k_p h_i (2m_{ji} - 1) ] + 2k_p \sum_{j \neq i} m_{ji} h_j b_j \theta, \]  

\[
(3.13)
\]

Ignoring \( \theta \) for the moment, the first term on the right is the rate of death of unstimulated cells, the second term the rate of proliferation, and the third term the rate at which cells of class \( j \) have daughters that have mutated into class \( i \). The term \( 2m_{ji} - 1 \) represents an event in which a cell divides into two daughters of type \( i \) and the parent is lost. The factor 2 in the last term is a result of fact that either of the two daughters of a cell of type \( j \) may be of type \( i \). The rates for proliferation and death, \( k_p \) and \( k_d \), respectively, are multiplied by

\[ h_i = K_i C / (1 + K_i C), \]

\[
(3.14)
\]

where \( C \) is the concentration of unbound antigen. At equilibrium, the fraction of receptors on a B cell of affinity class \( i \) bound by antigen is \( h_i \). In this model this fraction is identified with the fraction of cells \( b_i \) that are activated at antigen concentration \( C \). Under this model, cells with higher affinity \( K_i \) grow faster and die less frequently than cells with lower affinity.

The factor \( \theta_i \), defined to be 1 when \( b_i > 1 \) and 0 otherwise, is a term included as a correction to the naive continuum description that prevents mutant populations of less than one cell per animal from growing. A more formal justification for using this correction is presented in Kepler and Perelson (1995).

Lymph nodes are designed to trap antigen, which is then retained on the surface of certain cells (follicular dendritic cells) for long periods of time. Thus, as a first approximation, Kepler and Perelson assume that antigen is conserved and obeys the equation

\[ C + \sum_i \sigma b_i h_i = C_0, \]

\[
(3.15)
\]

where the total antigen \( C_0 \) is equal to the free antigen \( C \) plus the bound antigen. The factor \( \sigma \) is a scaling constant equal to the number of antibody receptors per B cell divided by the system volume.

Using this model Kepler and Perelson (1993a, 1993b) solved the optimal control problem of choosing the mutation schedule \( \mu(t) \) that maximized \( \sum b_i K_i \), at some time \( T \) corresponding to the end of the primary immune response. The optimal solution was one in which mutation was turned on only for short periods (Fig. 9, lower panel). Thus periods of mutation-free growth were punctuated by periods in which there were bursts of high mutation rates. With this strategy, advantageous mutations are acquired sequentially rather than simultaneously (Fig. 9, upper panel). The reason that this strategy is optimal is straightforward. At high mutation rates, clones (or affinity classes) lose many daughter cells to lower affinity classes. Therefore net growth within an affinity class is greatest when \( \mu = 0 \). Because advantageous mutants are relatively rare, a large number \( N \) of mutants must be generated to assure a significant likelihood that one of them will be advantageous. For example, in Fig. 9 it was assumed that the probability of an advantageous mutation \( p_A \) is 0.01; thus \( N \) should be of the order of 100 to assure the generation of a higher-affinity mutant (in fact, it needs to be larger since in the underlying model for \( m_{ij} \) some mutations are lethal and some are silent). In the optimal solution, the population grows as quickly as possible without mutation until there are more than about \( 1/p_A \) cells. Mutation is then “switched on” at a rate consistent with the rapid production of cells with a very small number of point mutations (see also Agur, Mazor, and Meilijson, 1991). After the appearance of an advantageous variant, mutation is switched off, so that the new high-affinity clone can grow as rapidly as possible and to avert the possibility that it is lost through further mutation. This cycle is then repeated until the end of the primary response.

Immunologists have discovered that somatic mutation seems to occur only in very special structures called germinal centers. It is possible that a near-optimal phasic mutation schedule arises naturally from the structure of the germinal center.

Germinal centers are found in lymphoid organs, such as spleen, lymph nodes, and tonsils, and are spatially organized into zones (Liu et al., 1989). As shown in Fig. 10, cells initially enter the dark zone, where they proliferate rapidly. They then migrate to the light zone, where they stop dividing. Lymph nodes act as filters for antigen, and the cells that capture antigen, follicular den-
rather than being a set of discrete clones that respond only when triggered by antigen, is a regulated network of molecules and cells that recognize one another even in the absence of antigen. Because antibodies are created in part by random genetic mechanisms, they must look like novel molecules to the rest of the immune system and thus should be treated like antigens. The novel or idiosyncratic parts of an antibody are called idiotopes. The set of idiotopes that characterizes an antibody is called its idiootype. Due to the completeness of the repertoire, the immune system should recognize the idiotopes on its own antibodies and make antibodies against them. Jerne suggested that during an immune response antigen would directly elicit the production of a first set of antibodies $\text{Ab}_1$. These antibodies would then act as antigens and elicit the production of a second set of “anti-idiotypic” (anti-id) antibodies $\text{Ab}_2$, which recognize idiotopes on $\text{Ab}_1$ antibodies (see Fig. 11). Similarly, a third set of antibodies $\text{Ab}_3$ could be elicited that recognized $\text{Ab}_2$ antibodies, and so forth. Anti-id antibodies have been found to occur naturally (Binion and Rodkey, 1982) and when injected into animals profoundly alter the animal’s antibody repertoire in later life (Eichmann, 1978; Takemori and Rajewsky, 1984; Vakil et al., 1986; Freitas et al., 1988). Furthermore, by idiotypic interactions one clone or an antibody carrying its idiotope should be able to stimulate its anti-idiotypic partner. Such stimulatory idiotypic interactions have been described (Eichmann and Rajewsky, 1975; Cosenza, 1976). Supressive idiotypic interactions have also been found (Hardt et al., 1972; Vakil et al., 1986). Whether idiotypic interactions regulate or play a part in regulating the immune system, especially given other levels of control (e.g., antigen processing, interleukins, helper and suppressor T-cell circuits, etc.), is still unresolved. One of the major thrusts of theory in immunology has been to evaluate the network hypothesis and illustrate the types of phenomena that can result from network interactions. Unfortunately, theory has lagged behind experiment, and in the 1990s experimental immunologists have largely abandoned working on the network hypothesis. There are probably many reasons for this but a major factor is that the experiments that can easily be done have been done, and new experiments are no longer producing exciting and novel results or generating new ideas. Whether theory can lead the way

![Figure 10: Schematic illustration of a germinal center. Cells enter the dark zone DZ, a site of proliferation. They migrate to the light zone LZ, where they encounter antigen and are selected for survival based on affinity. Mutation may occur in either the dark zone or the light zone. The established pathways of cell movement are shown as solid arrows. The Kepler-Perelson model suggests that cells recycle through the germinal center using either of the pathways indicated by the broken arrows.](image1)

![Figure 11: Jerne idiotypic cascade. The antigen Ag is recognized by B cells, which secrete antibodies $\text{Ab}_1$. These antibodies are themselves recognized by “anti-idiotypic” B cells, which secrete antibodies $\text{Ab}_2$. Further interactions can lead to $\text{Ab}_3$ antibodies that recognize $\text{Ab}_2$ and so on.](image2)
to the design of experiments that can give insights into the complex interactions that underlie network behavior remains to be seen.

A. The B model

De Boer (1988), De Boer and Hogeweg (1989b), Weisbuch, De Boer, and Perelson (1990), De Boer and Perelson (1991), Perelson and Weisbuch (1992b), and Stadler, Schuster, and Perelson (1994), all considered variations of the following model for B-cell clonal dynamics. It is one of the simplest models that can be conceived, yet it still exhibits interesting properties. We call it the B model since it deals only with B cells. In Sec. E we shall generalize the model so that it includes both B cells and antibodies.

The time evolution of the population $x_i$ of clone $i$ is described by the following differential equation:

$$\frac{dx_i}{dt} = m + x_i[pf(h_i) - d],$$  \hspace{1cm} (4.1)

where $m$ is a source term corresponding to newly generated cells coming into the system from the bone marrow, $p$ is the rate of cell proliferation, the function $f(h_i)$ defines the fraction of cells proliferating as a function of $J_{ij}$, where $m$ specifies the interaction strength (or affinity) between clones $x_i$ and $x_j$. The choice of a $J$ matrix defines the topology of the network. For simplicity, $J_{ij}$ values are typically chosen as 0 and 1, although some authors (e.g., De Boer and Perelson, 1991; Detours, Sulzer, and Perelson, 1996) also use intermediate values to model circumstances in which one wants to be truer to the biology in which interactions need not be all-or-none.

The most crucial feature of this model is the shape of the activation function $f(h_i)$, which is taken to be a log-bell-shaped dose-response function

$$f(h_i) = \frac{h_i}{\theta_1 + h_i} \left(1 - \frac{h_i}{\theta_2 + h_i}\right) = \frac{h_i}{\theta_1 + h_i} \frac{\theta_2}{\theta_2 + h_i},$$  \hspace{1cm} (4.3)

with parameters $\theta_1$ and $\theta_2$ chosen such that $\theta_2 \gg \theta_1$ (see Fig. 12).

The function $f(h_i)$ is composed of two factors. The first factor increases from 0 to 1, reaching its half-maximal value at $\theta_1$, the second factor decreases from 1 to 0, reaching its half-maximal value at $\theta_2$. For $\theta_2 \gg \theta_1$, the maximum, $\theta_2/(\sqrt{\theta_1^2 + \theta_2^2})$, is approximately one. This maximum is attained at $h = \sqrt{\theta_1 \theta_2}$. Because $0 \leq f(h) \leq 1$, we derive from Eq. (4.1) that the B cells can maximally grow at a rate $p - d$. Thus in order to allow for net clonal expansion $p$ must be greater than $d$. Maximal-stimulated cells divide about once every 16 h, so $p = 1 \text{ day}^{-1}$ is a typical rate of proliferation. Cells live a few days, so that $d = 0.5 \text{ day}^{-1}$ is a typical death rate. Although different experiments may lead to slightly different estimates of $p$ and $d$, we shall assume throughout that $p > d$, so that net clonal expansion can occur when cells are activated.

Below the maximum of $f(h_i)$, increasing $h_i$ increases $f(h_i)$; we call this the stimulatory regime. Above the maximum, increasing $h_i$ decreases $f(h_i)$; we call this the suppressive regime. Plotted as a function of log $h_i$, the graph of $f(h_i)$ is a bell-shaped curve. As discussed in Sec. IIIA, an important argument for the use of a log-bell-shaped function is that receptor cross-linking (Fig. 6) is involved in B-cell activation. The log-bell-shaped function is also observed experimentally in the response of the immune system as a function of the dose of antigen (Celada, 1971, 1992; Dintzis, Vogelstein, and Dintzis, 1982; Vogelstein, Dintzis, and Dintzis, 1982). The function $f(h)$, given by Eq. (4.3), should be considered as a phenomenological description of B-cell activation, motivated by the chemistry of cross-linking and experimental observations. The exact functional form that is being used was chosen for its algebraic simplicity and other similarly shaped functions could also be used (cf. De Boer et al., 1996).

B. The two-clone problem

Before analyzing large networks, we discuss the simple case of two interacting populations. One popula-
tion, \(x_1\), reacts with the antigen, while the other population, \(x_2\), reacts with \(x_1\). In idiotypic network theory, the population \(x_1\) is called the idotype and \(x_2\) the anti-idotype. The interaction constants are \(J_{12} = J_{21} = 1\) and \(J_{11} = J_{22} = 0\). Thus the fields are \(h_1 = x_2\) and \(h_2 = x_1\). The system of equations (4.1) now becomes

\[
\begin{align*}
\frac{dx_1}{dt} &= m + x_1[pf(x_2) - d], \\
\frac{dx_2}{dt} &= m + x_2[pf(x_1) - d].
\end{align*}
\]

(4.4a) (4.4b)

In the presence of antigen at concentration \(A\), the field \(h_1\) experienced by \(x_1\) is given by \(h_1 = x_2 + J_{11} A\). Antigen is eliminated by reacting with antibody and hence as a simple model one might assume

\[
\frac{dA}{dt} = -kAx_1,
\]

where \(k\) is a rate constant. Here we are interested in the long-time behavior of the system after antigen presumably has been eliminated. After an introduction of antigen, first \(x_1\) and then \(x_2\) increase, and by the time the antigen is eliminated they reach some value that we take as the initial conditions for the solution of system (4.4).

We are interested in the attractors of system (4.4). For most parameter values of immunological interest, the two isoclines, \(x_1 = 0\) and \(x_2 = 0\), intersect in five points, of which only three are stable. We call these stable configurations virgin, immune, and tolerant.

The virgin configuration is obtained when the activation function is very small, i.e., \(pf(h) \approx 1\). It has coordinates

\[
x_1 = x_2 = m/d = V.
\]

(4.5)

In the limit of small \(m\), the other possible steady solutions correspond to intersections of the activation function with the decay term (see Fig. 12). In this limit, steady-state solutions occur when \(f(h_i) = d/p\). Since \(p > d\), there are two intersections of the line \(y = d/p\) with the curve \(y = f(h)\), one on each side of the maximum of the bell-shaped curve. (If the source \(m\) is small but non-zero, then the steady states will be somewhat below the two intersection points.) We call the field values at the intersection points \(L\) and \(H\). In Fig. 12 because of our choice \(d/p = 0.5\) these intersection points occur at approximately \(\theta_1\) and \(\theta_2\). The steady-state field \(L\), which is below the maximum of the log-bell-shaped activation curve, is called stimulatory since increasing the field above \(L\) increases the proliferation rate. The field \(H\), which is above the maximum, is called suppressive, since increasing the field above \(H\) reduces proliferation.

One stable steady state, the immune state, occurs when \(x_1\) experiences the low stimulatory field \(L\), and \(x_2\) the high suppressive field \(H\) (Weisbuch, De Boer, and Perelson, 1990). In this state the idiotype B cells \(x_1\) have a large population and generate a large, and hence suppressive, field on the anti-idiotypic \(x_2\). The anti-idiotypic B cells thus have a small population and generate a small, and hence excitatory, field on the idotype.

We can compute, via a simple approximation, the population sizes \(x_1\) and \(x_2\) in the immune state. For small and large fields \(f(h)\) can be approximated by \(h/\theta_1 + h\) and \(\theta_2/\theta_1 + h\), respectively. By assuming \(m/d\) is small when compared with \(\theta_1\), one obtains for the immune steady state

\[
x_1 = H = \frac{(p - d)\theta_2}{d}, \quad x_2 = L = \frac{d\theta_1}{p - d}.
\]

(4.6)

Since \((p - d)/d\) is of order 1, for \(\theta_2 \gg \theta_1\), \(x_1 \gg x_2\).

This attractor is called immune because if antigen \(A\) is injected into the system its elimination is much faster than when the system is in the virgin state. This is due to the fact that the clone that recognizes antigen, \(x_1\), is present at a much higher population than when the system is in the virgin state. An interesting feature is that the \(x_1\) population remains large even in the absence of the antigen. Thus, if this steady state was obtained by perturbation of the virgin state by antigen, as shown in Fig. 13, a memory of the original response is kept by the \(x_1-x_2\) couple, which sustain each other. Linear-stability analysis shows that the immune state is stable, but because the eigenvalues have an imaginary part, attenuated oscillations towards the attractor are expected and indeed observed in numerical solutions to Eqs. (4.4) (Fig. 13).

The tolerant attractor is obtained by exchanging \(x_1\)
and $x_2$. Thus in this configuration $x_1$ has a low population $L$ and $x_2$ has a high population $H$. The attainment of the tolerance attractor is shown in Fig. 14. This configuration is interpreted as tolerance because, if antigen is presented, clone $x_1$ is not able to react with a strong intensity, since it is experiencing a high (suppressive) field due to clone $x_2$, and antigen will increase its field and make it even more suppressive.

There are also two symmetric steady state solutions with both $x_1$ and $x_2$ having suppressive (high) or stimulatory (low) fields. Both of these symmetric states are unstable (Fig. 15).

C. Network topology

In the previous section we examined interactions between two B-cell clones. In models with more than two clones one needs to specify the interconnections between the clones, i.e., the topology of the network that is formed and the strengths of the connections.

Due to the great diversity of the immune system and the fact that on average only one cell in $10^5$ responds to a particular epitope, it has been extremely difficult to examine experimentally interactions between particular clones, as would be required to gain a detailed understanding of idiotypic networks. Clones in immune networks can communicate with each other over long distances by broadcasting signals in the form of anti-idiotypic antibodies. These antibodies can react with complementary receptors on the surface of B cells and T cells throughout the body. In neural networks, one can trace in vivo the connections between neurons, for example by using horseradish peroxidase staining, and thus learn the topology of a network. In the immune system there is no equivalent technique available, and thus one is forced to rely on models to gain even a rudimentary understanding of the degree of interaction among cells.

One of the major stumbling blocks in formulating a faithful mathematical model of an idiotypic network is determining a realistic topology for the network. In a system with a repertoire of, say, $10^7$ elements how can one ever determine all of the possible interactions? A number of different theoretical approaches have been taken. In the first, one simply assumes that the topology and connection strengths are given. By studying a number of different cases one then hopes to gain an understanding of how the network behavior depends on the connections. Some examples of this approach are Hoffmann’s plus-minus network theory (Hoffmann, 1975, 1979, 1980; Gunther and Hoffmann, 1982), which dealt with only two specificities, an antigen-specific population and its anti-idiotypic partner. Richter (1975, 1978) dealt with a linear network, which is a linear sequence of clones and their anticlonies ($Ab_1, Ab_2, \ldots, Ab_n$), in which antibodies and/or lymphocytes (a distinction between the two was not made) at idiotypic level $i$ interact with populations at levels $i-1$ and $i+1$, and antigen is defined to be level 0:

$$\text{Antigen} \rightarrow Ab_1 \rightarrow Ab_2 \rightarrow \ldots \rightarrow Ab_i.$$ 

Although $\ell$, the number of levels in the network,
could be very high, in early simulation studies was generally taken to be rather small, i.e., \( \ell \lesssim 10 \). Hiernaux (1977) noticed that the dynamical behavior of Richter’s model depended upon whether the network had an even or odd number of levels. Thus even in the case of a linear network, topology was important. To avoid the artificial choice of even or odd networks, Hiernaux (1977) analyzed a model in which the linear chain was converted into a simple cyclic network by identifying \( A_{b1} \) with \( A_{b1} \).

More recent models have analyzed much larger networks and have considered more complex and possibly more realistic topologies. Weisbuch, De Boer, and Perelson (1990), Weisbuch (1990a), Neumann and Weisbuch (1992a), and Anderson, Neumann, and Perelson (1993) have all considered models with a Cayley tree topology (Fig. 16), work that is reviewed in detail in Sec. IV.D. Neumann and Weisbuch (1992b) examined other discrete topologies that arise by adding connections to the Cayley tree, which form even or odd loops (see Sec. IV.D.4).

Another approach to specifying the interactions between clones is to set up an “affinity” or \( J_{ij} \) matrix (De Boer, 1988). The nonzero elements in the matrix represent interactions and the magnitude of the elements represents the strength of the interaction. The affinity matrix is the equivalent to a matrix of synaptic weights in neural network models. If one takes the point of view that the network is so large and complex that it is impossible to determine the relationships between the elements, then one can assign the elements at random with a specified fraction of nonzero elements (see De Boer, 1988; Hoffmann et al., 1988; Parisi, 1990). Alternatively, specific terms can be placed in the matrix to represent networks of a given topology (Stewart and Varela, 1989). Some data are available from experiments by Zöller and Aichnicht (1991), Kearney, Vakil, and Nicholson (1987), and Holmberg et al. (1984) on the structure of networks in neonatal mice, which can guide the construction of realistic forms for the affinity matrix.

A different approach, pioneered by Perelson, assumes that the interactions in a network are determined by the specific chemical interactions between the various cells and molecules in the immune system. The basis of these interactions is what we previously called generalized shape (see Sec. II). Thus if one knew the shape of each molecule one could predict which molecules would react and the affinity of their interaction. Even though we do not know the actual shapes of molecules we can develop simple mathematical representations of antibodies that allow us to compute the degree of complementarity between molecules and even assign an affinity to their interactions. In one approach, first introduced by Farmer, Packard, and Perelson (1986), one represents the antibody binding site by a binary string of length \( n \). An antigen containing a single epitope is represented by a single binary string, whereas antigens with multiple epitopes are represented by multiple strings (Seiden and Celada, 1992). With this representation shape space is a hypercube of dimension \( n \). If one chooses \( n=32 \), then one can represent \( 2^{32} \approx 4 \times 10^9 \) different epitopes in this shape space. This is a diversity comparable to that expressed in the mammalian immune system.

Complementarity between molecules represented as strings can be defined by any of a number of rules, and the degree of complementarity can be quantified and used as a measure of the affinity of the antigen-antibody interaction. For example, two \( n \)-bit strings are complementary if at least some critical number of their bits are complementary; the number of complementary bits exceeding the threshold can be taken proportional to the affinity of the interaction (Fig. 17). Other rules can also be used for determining complementarity. For example, since the strings represent molecules they need not be aligned when they interact. Thus one can also use a matching rule in which the sequences are shifted and then checked for complementarity. Furthermore, molecules generally do not interact over their entire length,

![FIG. 16. A Cayley tree. This is a network without loops, in which each clone interacts with a fixed number \( z \) of other clones. A Cayley tree with \( z = 3 \) is illustrated. Here only clone \( x_1 \) reacts with the antigen \( Ag \).](image)

![FIG. 17. Generalized shapes of molecules, represented by strings. The degree of complementarity between two binary strings can be computed using the exclusive or (XOR) function. The number of positions at which a 0 matches a 1 can be used as a measure of the interaction strength between the molecules.](image)
but rather in localized areas. To model this one can use a complementarity rule in which the number of adjacent complementary bits is important. This type of approach was used in Sec. II.C to predict the size of epitopes and will be used again in Sec. IV.G in an idiotypic network model. Papers that use bit-string models include those of Farmer, Packard, and Perelson (1986), Perelson (1989a), De Boer and Perelson (1991), Celada and Seiden (1992, 1996), Percus, Percus, and Perelson (1992, 1993), Seiden and Celada (1992), Forrest et al. (1993), Rose and Perelson (1994), Detours, Sulzer, and Perelson (1996), and Perelson, Hightower, and Forrest (1996).

Another approach, which emphasizes the effects of cross-reactivity among clones, uses the continuous shape space of Segel and Perelson (1988). In this approach, which we discuss in detail in Sec. IV.F, one describes the shape of a molecule by one or more continuous “shape” variables and constructs a system of partial differential equations for the dynamics. For example, in Segel and Perelson (1988) it was assumed that a single (positive or negative) number $x$ characterizes the generalized shape of antibody (or antigen). This variable $x$ could be viewed as the height or depth of the antibody combining site (Fig. 18). Thus an antibody with $x = -2$ has a binding site that is deeper than an antibody with $x = -1$ and can better bind an antigen with a bump of height $x = +2$. Recent structural determinations of idiotype–anti-idiotype complexes indicate that a bump on one antibody fits into a groove of the other as envisioned in this simple model. A potential difficulty of a one-dimensional shape space is that an antibody has only one natural complement and the complement of the complement is the original antibody. To generate richer idiotypic models requires higher-dimensional models and more complex matching rules. Recent work by Stewart and Varela (1991), De Boer, Hogeweg, and Perelson (1992), and De Boer, Segel, and Perelson (1992) considers two-dimensional shape spaces. Weinand (1991) considers a three-dimensional shape space. Weisbuch and Oprea (1994) and Detours, Sulzer, and Perelson (1996) consider high-dimensional “digit-string” spaces.

We consider some explicit examples of these various approaches in the sections that follow.

D. Localized attractors

As a memory device, the immune system needs to obey certain constraints: it should be sensitive enough to change attractor under the influence of antigen. It should not be too sensitive and overreact when antigen is present in very low doses. The immune system should also discriminate between self antigens and foreign antigens. Finally, it should be robust—memories of previously presented antigens should not be lost when a new antigen is presented. Thus, in some sense, the system should be able to generate independent responses to many different antigens. This independence property is achieved when attractors are localized, i.e., when the perturbation induced by an encounter with antigen remains localized among the clones that are close to those that actually recognize the antigen (see Fig. 19). Below, we systematically search for localized attractors.

1. Cayley tree

The topology of the immune network is defined by the $J_{ij}$’s of Eq. (4.2). Unfortunately our knowledge of the actual $J_{ij}$’s is very restricted. Some educated guesses can be made about the structure of the network from experiments or simplified considerations about the basis of immune recognition. One might also be tempted to use a well-defined network structure: a regular lattice, a complete graph with random connection strengths, a Cayley tree, etc. The Cayley tree is in fact an intermediate ap-
proximation between the two-clone model and more realistic networks. Its relevance comes from one of its features, localized attractors, which as we show below can be interpreted in terms of phenomena seen in experimental immunology. We discuss Cayley tree networks in this section, and later discuss changes in dynamic behavior that might be expected when more “realistic” architectures are used.

Let us consider a Cayley tree architecture (Weisbuch, De Boer, and Perelson 1990) with \( z \) connections per site (see Fig. 16), and \( J_{ij} \)'s which can only be 0 (no interaction) or 1 (maximum interaction). The root of the tree is selected by the presented antigen. For simplicity, it is assumed that a single antigen is presented to the system and only one clone, the root, reacts with that antigen. According to their distance to the root, the clones are numbered 1 (and called \( Ab_1 \) for the antigen specific clones), 2 (for the \( Ab_2 \) anti-idiotypic clones, specific for some \( Ab_1 \)), 3, \ldots, \( i \). The different fields for clones 1, 2, 3, \ldots, \( i \) in the absence of antigen are given by

\[
\begin{align*}
  h_1 &= zx_2 \\
  h_2 &= x_1 + (z-1)x_3 \\
  h_3 &= x_2 + (z-1)x_4, \\
  &\quad \vdots \\
  h_i &= x_{i-1} + (z-1)x_{i+1}.
\end{align*}
\]

Our problem is to classify the different attractors of the network and to interpret the transitions from one attractor to another under the influence of antigen perturbation. Let us start with the simplest virgin configuration, corresponding to the hypothetical case in which no antigen has yet been encountered and all populations are at level \( m/d \), i.e., all proliferation functions are close to 0. After presentation of the first antigen, memorization is obtained if some populations of the network reach stable populations different from \( m/d \). In the case of a localized response, there will be a patch close to the antigen-specific clone in which cells are excited out of the virgin state. Each antigen presented to the network will result in a patch of clones that are modified by the presentation. As long as the patches corresponding to different clones do not overlap, the various antigens presented to the network can all be remembered. Once the idea of localized noninteracting attractors is accepted, everything is simplified: instead of solving \( 10^8 \) equations, we have only to solve a small set of equations for those neighboring clones with large populations, supposing that clones that do not belong to the set with large populations are nearly virgin, i.e., have populations of order \( m/d \). A practical approach to studying localized attractors is to combine computer simulations and analytic checks of the attractors by solving the field equations (see below).

\( a. \) Immunity

Let us examine the case of antigen presented to clone \( Ab_1 \), which results in excitation of clones \( Ab_2 \), with

\[
\begin{align*}
  &h_1 = zx_2 \\
  &h_2 = x_1 + (z-1)x_3 \\
  &h_3 = x_2 + (z-1)x_4, \
\end{align*}
\]

FIG. 20. Dynamics of an immune response generated by a network with a Cayley tree topology when antigen \( A \), recognized by a clone at level 1, \( x_1 \), is injected into a system in the virgin state. The response causes the system to approach the immune attractor. In the immune configuration the largest population is localized at the first level. \( x_1 \) is high (\( H \)) and is sustained by interacting with \( x_2 \), which is at an intermediate population level (\( L/z \)). In a network with a Cayley tree topology, where \( z \) is the number of clones connected to any clone, one sees that clones \( x_3 \) as well as the rest of the clones in the network are virgin (\( V \)) (or almost virgin) after the system settles into this attractor. When antigen is presented again, it is eliminated faster than the first time. Simulation parameters were as follows: \( k = 10^{-6} \), \( A_0 = 5000 \), \( d = 0.5 \), \( p = 1 \), \( z = 3 \), \( m = 10^{-3} \), \( \theta_1 = 2000 \), and \( \theta_2 = 10^3 \). From Neumann and Weisbuch, 1992a, reproduced with permission.

clones \( Ab_3 \) remaining close to their virgin level (see Fig. 20). In analogy with the two-clone problem, we expect that \( Ab_1 \) will experience a low field, \( L \), while \( Ab_2 \) will experience a large suppressive field, \( H \). From the field equations we can compute the populations \( x_1 \). Recall, from Eqs. (4.7) and (4.6),

\[
\begin{align*}
  h_1 &= zx_2 = L = \frac{d\theta_1}{p}, \\
  h_2 &= x_1 + (z-1)m = H = \frac{p'\theta_2}{d},
\end{align*}
\]

where \( p' = p - d \). Of course, the solution remains localized only if the field \( h_3 \) on \( x_3 \) is nonexcitatory, i.e., is much less than \( L \), otherwise \( x_3 \) would also proliferate. Thus we require

\[
\begin{align*}
  h_3 &= L + \frac{(z-1)m}{d} < L. \\
  \Rightarrow \theta_1 < \frac{p'zm}{d^2} \approx \theta_1.
\end{align*}
\]

This is equivalent to the statement that the field due to \( z \) virgin clones, \( zm/d \), should be small compared to the proliferation threshold \( \theta_1 \), since \( p'/d \) is approximately one.
In the presence of antigen, the field acting on Ab to the antigen is added to the field due to initial antigen concentration.\cite{revmodphys.69.1181}, reproduced with permission.

Populations: tenfold lower, \( k \) is too low or if the antigen decays too fast (large \( k \)), extended localization is usually obtained in a number of narrow-parameter regimes that are in the vicinity of boundaries between other dynamic behaviors. See the phase-transition diagram in Fig. 22. Consider the case of a response localized at levels 3 and 4. Clone \( x_1 \) is at the virgin level, clones \( x_2 \) are oversuppressed, clones \( x_3 \) are excited to a high population sustained by clones \( x_4 \). Clone \( x_1 \) is then able to proliferate and it gives a transient response if the antigen is again presented. But this response cannot be transmitted to any neighboring clone since clones \( x_2 \) are oversuppressed. After antigen elimination, clone \( x_1 \) returns to the nearly virgin level it started from. The transient response resembles a primary response, since the \( x_1 \) population starts from a virgin level—as opposed to a secondary response, which is obtained when the \( x_1 \) population starts from a higher level.

c. Extended localization

In another type of steady-state configuration, which we call extended localization, the pair of neighboring \( H \) and \( L \) fields propagate further than levels 2 and 3. Equations similar to (4.14)–(4.16) for higher levels can then be used to find the corresponding populations. Extended localization is usually obtained in a number of narrow-parameter regimes that are in the vicinity of boundaries between other dynamic behaviors. See the phase-transition diagram in Fig. 22. Consider the case of a response localized at levels 3 and 4. Clone \( x_1 \) is at the virgin level, clones \( x_2 \) are oversuppressed, clones \( x_3 \) are excited to a high population sustained by clones \( x_4 \). Clone \( x_1 \) is then able to proliferate and it gives a transient response if the antigen is again presented. But this response cannot be transmitted to any neighboring clone since clones \( x_2 \) are oversuppressed. After antigen elimination, clone \( x_1 \) returns to the nearly virgin level it started from. The transient response resembles a primary response, since the \( x_1 \) population starts from a virgin level—as opposed to a secondary response, which is obtained when the \( x_1 \) population starts from a higher level.

d. Percolation

Some parameter values, such as a low excitation threshold \( \theta_1 \), allow an excitation to propagate from the initial node across all of the tree. In such a case percolation is observed, which corresponds to a nonlocalized dynamic response (Fig. 23). This may not be a healthy condition, and in some autoimmune diseases, such as systemic lupus erythematosus, a large number of different autoantibodies are detected as if there were perco-

\[
h_2 = x_1 + (z-1)x_3 = L = \frac{d\theta_1}{p'}, \tag{4.14}
\]

which can be solved for \( x_3 \), if one neglects \( x_1 \) which is small. Further,

\[
h_3 = x_2 + \frac{(z-1)m}{d} = H = \frac{p'\theta_2}{d}. \tag{4.15}
\]

Thus for small \( m/d \)

\[
h_1 = zx_2 \approx zH. \tag{4.16}
\]

Substituting \( h_1 \) in Eq. (4.1) gives a very small value for \( f(h_1) \), which shows that \( x_1 \) is of the order of \( m/d \). The Ab population, experiencing a field several times higher than \( H \), is said to be oversuppressed. One can also show that \( h_4 \) is small, i.e., \( h_4 \approx L/(z-1) \), and that \( x_4 \) is nearly virgin.

As in the case of the immune attractor, one can study the conditions under which the tolerance attractor is reached when antigen is presented. One finds that tolerance is obtained for large initial antigen concentrations, slow antigen decay rates (small \( k \)), and large connectivity \( z \) (see Sec. IV.D.3 and Neumann and Weisbuch, 1992a).

FIG. 21. Dynamics of a response generated by a network with a Cayley tree topology that results in the system’s approaching the tolerant attractor. Antigen \( A \) at a high concentration is injected into a system in the virgin state. At the attractor, \( x_2 \) is high (\( H \)) and is sustained by \( x_1 \), which is an intermediate population \( [L/(z-1)] \) of \( x_3 \). Here \( x_1 \) is oversuppressed by the \( x_2 \) and is not able to remove the antigen. Simulation parameters were the same as for Fig. 20, in which the immune attractor is attained except that the rate of antigen elimination is increased only transiently and ultimately return to the virgin level. Thus no memory of an antigen encounter is retained.

b. Tolerance

Another localized attractor corresponds to tolerance, a condition in which further response to the antigen is prevented (see Fig. 21). A strong suppressive field acts on \( Ab_1 \) due to \( Ab_2 \)’s, the \( Ab_2 \)’s proliferate due to a low field provided by \( Ab_3 \)’s, but \( Ab_3 \)’s remain nearly virgin. The field equations once more allow one to compute the populations:
2. Number of attractors

The Cayley tree model predicts localized attractors that can be interpreted in terms of immunity or tolerance. Because these attractors are localized they are somehow independent: starting from a fully virgin configuration, one can imagine successive antigen encounters that leave footprints on the network by creating nonvirgin patches, each of these involving a set of $p$ perturbed neighboring clones. An immune patch contains $1 + z^2$ clones, a tolerant patch $1 + z^2$ (see Fig. 19). Independence of localized attractors implies a maximum number of attractor configurations that scales exponentially with $N$, the total number of clones. The following simplified argument gives a lower bound. Divide the network into $N/(1 + z^2)$ patches. Each patch can be in three possible configurations: virgin, immune, or tolerant. This gives a number of attractors that scales as $3N/(1 + z^2)$. Few of these attractors are of interest. The relevant question is the following: A living system must face frequent encounters with antigen during its life. Self antigen should elicit a tolerant response, whereas dangerous external antigens should elicit immune responses and subsequent immunity. The nature of the localized response on each individual site of the network is then determined by the fact that the presented antigen should be tolerated or fought against. In this context, we can ask, “How many different antigens can be presented so that no overlap among different patches occurs?”

In the case of random antigen presentation, simple reasoning (Weisbuch, 1990b; Weisbuch and Oprea, 1994) is sufficient to derive the scaling law relating $m$, the memory capacity (i.e., the maximum number of remembered antigens), to $N$, the total number of clones. Let $n_i$ be the number of suppressed clones involved in a patch.

We first compute the probability $\pi_i$ that a clone is able to proliferate on encounter with antigen given that $i - 1$ different antigens have already been presented and resulted in the creation of $i - 1$ non-overlapping patches of $n_s$ clones each:

$$\pi_i = 1 - \left(\frac{(i-1)n_s}{N}\right),$$

where the term in parentheses corresponds to the probability that the clone relevant for the $i$th antigen is not able to proliferate because it is involved in another attractor and already suppressed. The probability $P_m$ that $m$ successive antigens are recognized by nonsuppressed clones, and generate responses is then the product of the $\pi_i$ probabilities for $i$ running from 1 to $m$, which can be expressed as

$$P_m = \prod_{i=1}^{m-1} \left[1 - \left(\frac{in_s}{N}\right)\right].$$

Hence

$$\log P_m = \sum_{i=1}^{m-1} \log \left[1 - \left(\frac{in_s}{N}\right)\right] \approx \sum_{i=1}^{m-1} \left[-\frac{(in_s)}{N}\right],$$

$$= - \frac{n_s m (m-1)}{2N}.\nonumber$$

For $m \gg 1$,

$$P_m \approx \exp\left[-\frac{m^2}{2} \left(\frac{n_s}{N}\right)\right].$$

$P_m$ is close to 1 for small $m$ and decreases exponentially to 0 when $m$ is larger than a transition value corresponding to the argument of the exponential being 1. The transition for $m$ is given by

Rev. Mod. Phys., Vol. 69, No. 4, October 1997
and this provides an estimate for the mean memory capacity of the network. Since $P_m$ is Gaussian, the transition width is also $\sqrt{2N/n_s}$, which implies a rather extended probability distribution.

The above scaling law applies to any network topology that accommodates local attractors. The only assumption is the random character of the network with respect to antigens; i.e., the network is not organized to respond to the set of presented antigens. On the other hand, it can be argued that the clones expressed by mammals have been selected by evolution according to the environment of the immune system, e.g., to be tolerant to self molecules and responsive to frequently encountered parasites and pathogens. If the system were optimized to the antigens in its environment, the network could be filled compactly with nonoverlapping patches. The number of antigens (patches) would then scale linearly, i.e.,

$$m \approx \frac{N}{n_s}.$$  

A rough estimate of the number of different pathogens encountered in a lifetime is of the order of $10^7$. The same figure also holds for the number of self peptides that need to be tolerated after clonal deletion has occurred in the thymus (von Boehmer, 1991). If we take $N_s$, the number of clones in the network, to be of order $10^7$, and $n_s$, the number of suppressed clones per patch, of order 10, then the square root scaling law predicts a memory capacity of $10^7$, while the maximum capacity is of order $10^9$. Since one might expect the network to be partially random and partially optimized, its most likely capacity is enough to handle the expected number of self and foreign antigens. A comparison of the results of Weisbuch and Oprea (1994) with the scaling laws obtained for Hopfield’s version of neural networks (Hertz, Krogh, and Palmer, 1991) is of interest. In both cases, exponential scaling laws are obtained for the total number of attractors, while “useful” attractors scale as power laws in $N$.

Weisbuch and Oprea (1994) discuss more thoroughly the capacity limits of model immune networks with localized responses. They verify by numerical simulations the square-root scaling law for the memory capacity. They also examine a number of other features of the network. They show that when the number of presented antigens increases, failures to remove the antigen occur, since the relevant clone has been suppressed by a previous antigen presentation. They also show that previous immune or tolerant attractors are rather robust in the sense that destruction of these local attractors by new encounters with antigen is rare, and that the complete reshuffling of the attractors, as in Hopfield nets (Hertz, Krogh, and Palmer, 1991), is never observed.

The questions that we addressed in this section have some relation to those discussed in Secs. II.A and II.B. However, the results cannot be directly mapped on one another for the following reasons: In Sec. II, we derived the size of the repertoire needed to respond to any antigen that could be presented to the immune system. Here we discussed the capacity of the network in terms of a set of $m$ successive antigens presented to the network. Further, the computations in Sec. II were made for a clonal model in which only clones responding to the antigen (idiotype clones) were considered. Overlap of patches in shape-space models corresponds to cross-reactivity, i.e., the phenomenon of the same clone’s recognizing different antigens, and rather than being a problem it is a desirable feature, since it allows a large number of clones to respond to any antigen. On the other hand, in a network model, overlaps of patches are to be avoided since they set the limit of the memory capacity.

3. Basins of attraction and the window-automaton approximation

The above analysis describes the attractors of the dynamics, but does not predict which attractor is reached according to the conditions of antigenic simulation. Determining which attractor is attained under a prescribed set of conditions is precisely the question immunologists want to answer. Numerical simulations allow such predictions, but techniques are not available to allow us to make this prediction analytically for the nonlinear model given by Eq. (4.1). However, replacing the nonlinear proliferation function $f(h)$ by a piecewise linear function, a window automaton, allows analytical treatment and prediction of which attractor is reached under any given antigenic stimulation protocol (Neumann and Weisbuch, 1992a). A window automaton (Weisbuch, 1990a) is a function whose value is a nonzero constant when its input is between a low and a high threshold; otherwise its value is zero. We have chosen as threshold $L$ and $H$, those values of the field where the function $f(h)$ intersects the horizontal line $y = d/p$. Thus

$$L = \frac{d}{p - d} \theta_1, \quad H = \frac{d}{p - d} \theta_2.$$  

The window-automaton proliferation function (see Fig. 24) is then defined by

$$h < L: \quad f(h) = 0,$$

$$L < h < H: \quad f(h) = 1,$$

$$H < h: \quad f(h) = 0.$$  

Using the window automaton instead of the continuous proliferation function, we find that the differential equations (4.1) become piecewise linear, and hence the time variation of all clone populations can be described by simple exponential functions, except in the vicinity of the virgin population $V$, where the source term cannot be neglected and constant terms enter the solution. Indeed, on a time diagram of the numerical simulations, one observes piecewise linear evolution when plotting the logarithm of the populations [e.g., compare the time plots obtained with the continuous function $f(h)$ in Fig.
approach is that the antigen dynamics is also simple. An exponential growth or decay.

short time stretches, where the dynamics of each clone is approximately enabled us to divide the dynamics into time scales. The same parameters were used in both simulations: \( k = 10^{-5}, \ A_0 = 10^5, \ d = 1.0, \ p = 1.5, \ z = 3, \ m = 10, \ \theta_1 = 300, \ \text{and} \ \theta_2 = 10^5 \). From Neumann and Weisbuch, 1992a, reproduced with permission.

Another favorable feature of the window-automaton approach is that the antigen dynamics is also simple. Starting from an excitatory concentration of antigen, \( L < A_0 < H \), the antigen concentration first decays very slowly until the idiotypic clone population is large enough to decrease it substantially. Since the clone population increases exponentially, further antigen reduction is then very fast (see Fig. 25). Once the antigen concentration reaches 1, it is close to being eliminated (Fig. 25). We thus approximate the dynamics of antigen concentration by a step function, constant up to time \( t_A \) defined by \( A(t_A) = 1 \), and then vanishingly small,

\[
\begin{align*}
 t < t_A: & \quad A(t) = A_0, \\
 t > t_A: & \quad A(t) = 0.
\end{align*}
\]

The time \( t_A \) can be computed by using Eqs. (4.12) and (4.18),

\[
\frac{dA}{dt} A(t) = -k x_1(0) e^{(p-d)t}.
\]

Integrating until \( t_A \), with the initial condition \( x_1(0) = m/d \), gives

\[
t_A = \frac{1}{p-d} \ln \left( \frac{(p-d)}{k} \frac{d}{m} \ln A_0 \right).
\]

Thus the antigen elimination time is almost independent of the initial antigen population \( A_0 \). It can be seen that \( t_A \) is approximately the time that \( x_1 \) takes to proliferate from \( m/d \) to \( C \) cells, where

\[
C = k^{-1}(p-d) \ln A_0.
\]

In most cases \( C \) is the single parameter that suffices to characterize antigenic stimulation.

The following sections describe the application of the window-automaton technique to the computation of two transition lines.

a. From virginity to excitation

As seen in Fig. 26, to escape the virgin state, excitation of \( x_1 \) above \( L \) needs to be maintained by \( x_2 \) after antigen elimination.

For a Cayley tree with a coordination number \( z \), let \( t_{Lz} \) be the time for \( x_2 \) to reach \( L/z \), the level needed to sustain \( x_1 \) at a field \( L \). In order to escape the virgin attractor by antigen perturbation, \( t_{Lz} \) should be small and \( t_{1d} \), the time for \( x_1 \) to decay back to \( L \), thus preventing \( x_2 \) from further proliferation, should be large. The condition for escape from virginity is therefore written as (see Fig. 26)

\[
t_L + t_{Lz} < t_A + t_{1d}.
\]

On the left-hand side, \( t_L \) is the time for \( x_1 \) to grow from \( V \) to \( L \) so as to excite \( x_2 \). The quantity \( t_L + t_{Lz} \) is further called the two-level time delay because it involves the time necessary to excite two levels (here levels 1 and 2) to a population sufficient to generate an excitatory field. It also plays an important role in other transitions that will be discussed later. On the right-hand side of Eq. (4.23), \( t_A \) is the antigen elimination time [Eq. (4.21)]. Expression (4.23) is exact and valid under any antigenic stimulation, but the evaluation of \( t_{Lz} \) and \( t_{1d} \) from the...
Proliferation and decay times \( t_p \) and \( t_d \), respectively, between the same two concentrations are related by

\[
(p - d)t_p = dt_d \tag{4.26}
\]

and \( t_{1d} \) is then computed from the time it takes for \( x_1 \) to proliferate from \( L \) to its maximum concentration, reached when antigen is eliminated,

\[
t_{1d} = \frac{p - d}{d} t - \frac{1}{d} \ln \left( \frac{L}{V} \right). \tag{4.27}
\]

When one replaces the times in inequality (4.23) by their expressions given by Eqs. (4.24)–(4.27) and then re-places the variables \( A_0 \), \( V \), and \( L \) by their corresponding expressions in terms of the parameters \( \theta_1 \), \( z \), \( m \), \( d \), and \( p \), the condition for escape from the virgin attractor appears as the following scaling law:

\[
\theta_1 < \theta^V_1 = \frac{p - d}{d} \left( \frac{m_1}{d} \right)^{\alpha} \theta_2^0 (z - 1)^{\beta} (p - d) \ln \frac{A_0}{k} \delta,
\]

\[
\alpha = \gamma = \frac{d}{p + d}, \quad \beta = 0, \quad \delta = \frac{p}{p + d}. \tag{4.28}
\]

If the threshold \( \theta_1 \) is too high, the idiotypic clone \( x_1 \), even if excited, does not remain above \( L \) long enough to allow the relay of the antigenic stimulus by anti-idiotypic stimulation, and the network falls back to the virgin state.

### b. Tolerance vs vaccination

When excitation remains localized to the first levels, there are special cases in which tolerance (see Fig. 21) is observed instead of vaccination (see Fig. 20). The window-automaton approximation can be further refined to take into account the fact that, under strong antigenic stimulation, \( A_0 > \sqrt[\theta_1 \theta_2] \), the field experienced by \( x_1 \) is sufficiently large that the proliferation rate of \( x_1 \), as computed from \( p f(h_1) \), is significantly smaller than \( p \) but not zero. Thus, for fields that are outside the window because of high antigen, we use \( p' - d \) as the growth rate of \( x_1 \), i.e.,

\[
L < h_1 < H: \quad x_1(t) = x_1(\tau) e^{(p' - d)(t - \tau)} \tag{4.29}
\]

where \( p' \) is the proliferation rate due to the initial antigen population,

\[
p' = p f(h_1 = A_0), \quad d < p' < p. \tag{4.30}
\]

A large initial antigen concentration slows down the rate of proliferation of clone \( x_1 \) to \( p' \) and favors tolerance. In fact, \( x_1 \) and \( x_2 \) “race for suppression” (Fig. 27).

Assuming that \( C > H \), so the proliferation rate of \( x_1 \) is constantly \( p' \), and neglecting the role of \( x_3 \) in the field \( h_2 \), we derive the scaling law for the transition from vaccination to tolerance.
elimination time, and the population of the idiotypic quantities that determine the dynamics, the antigen method also gives us more insight into the relevant localized. The eight transition lines of Fig. 22 were applied in a similar manner to determine transitions to transitions from one attractor to another and can be applied in a similar manner to determine transitions to other dynamic regimes such as percolation and extended transitions. These steps allow the derivation of the scaling laws for result of a competition between the growth of clones.

4. More realistic topologies

The Cayley tree topology with equal connection strengths is a strong idealization. In general, one would expect networks to contain loops and to have unequal interaction strengths $J_{ij}$.

a. Loops

The standard interpretation of recognition based on complementary shapes implies a network with loops.

Even loops are a likely feature of any model of recognition based on bit strings or shape space. We expect that if the idiotype ($Ab_1$) recognizes by complementarity two similar anti-idiotypes ($Ab_2$ and $Ab_2'$), any third antibody $Ab_3$ complementary to one of the anti-idiotypes has a good chance of recognizing the other anti-idiotype as well, giving rise to a four-membered loop. Even loops give only quantitative changes to the phase diagram, as discussed by Neumann and Weisbuch (1992b), and they do not change our basic conclusions about the dynamics of Cayley tree networks.

Odd loops are far less likely to occur within a model based on rigid structures. Antibodies with shapes that are self-complementary can stimulate themselves and give rise to loops of length 1. In a bit-string model with a matching rule that allows the strings to match when they are in any alignment, self-complementarities and odd loops arise. Rather nonspecific rules for recognition can also account for odd loops. On the other hand, odd loops are more probable if recognition involves soft molecular structures that can bend and have deformations to adhere to each other. In fact odd loops are present in experimental connection structures obtained by cross-reactivity tests on panels of antibodies from newborn mice (Kearney and Vakil, 1986; Holmberg et al., 1986). Multispecific clones, which give rise to large connectivities and odd loops, are frequent in newborn animals and seem to disappear or become infrequent in adults (Holmberg et al., 1986).

There are several situations in which odd loops result in tolerant attractors. We then obtain a very consistent view of some possible mechanisms for the establishment of localized tolerance attractors at prenatal and neonatal stages when multispecific clones and odd loops are present. These attractors once established remain stable, even when the multispecific clones disappear. On the other hand, those clones that remained virgin during early development are able to react and memorize antigen presentation by reaching vaccination attractor configurations.

b. Distribution of $J_{ij}$ values

We have no a priori reason to suppose that all connection strengths are equivalent. But when one uses different connection strengths, the weaker connections seem to have more influence on the population levels.
than the stronger connections. Let us first consider the case of a single idiotype $Ab_1$ related with different connection strengths to two anti-idiotypes, $Ab_2$ with intensity $J$, and $Ab_2'$ with intensity $J_w<J$. After antigenic stimulation, $Ab_2$ gets excited when its field, $h=Jx_1$, reaches $L$. This occurs as soon as $Ab_1$ reaches $L/J$. By a similar argument, $Ab_2'$ only gets excited when $Ab_2$ reaches $L/J_w$, the corresponding excitation threshold for $Ab_2'$, provided that the suppression threshold for $Ab_2$ is high enough,

$$J_w \frac{H}{J} > L$$

(4.32)

(otherwise $Ab_2'$ remains nearly virgin). $Ab_2'$ proliferates, and so does $Ab_1$ until their populations become stabilized at a level such that $Ab_1$ suppresses $Ab_2'$ and $Ab_2'$ stimulates $Ab_1$, i.e.,

$$x_1 = \frac{H}{J_w}, \quad x_2' = \frac{L}{J_w}.$$  

(4.33)

Both populations increase when $J_w$ decreases. Furthermore, $Ab_2$ experiences a very strong field $J(H/J_w)$ and is oversuppressed: its level is of order $m/d$ rather than $L$. Paradoxically, it plays no role in fixing the level of $Ab_1$.

Since the population of $Ab_2'$ can be large, it may become higher than the excitation threshold of a clone at level 3 with which it is connected. If we assume the connection strength $J_{2,3}$ is stronger than $J_w$, then the condition for the excitation of $Ab_3$,

$$J_{2,3} \frac{L}{J_w} > L,$$

(4.34)

is satisfied. Excitation is no longer localized at levels 1 and 2 as is usual in the case of a vaccination. The equivalent process can be described from level 3 to level 5: a weak connection between levels 3 and 4 gives rise to higher populations at these levels and $Ab_4$ is high enough to excite $Ab_5$. An avalanche progresses along weak/strong connections and localization of the response is then lost. Neumann and Weisbuch (1992b) discuss the range of parameters for which this type of percolation can occur. They argue that any continuous distribution of $J_{ij}$ results in percolation. Under these conditions localized attractors can no longer exist, and hence it would be difficult to have memory storage in a network.

Boutet de Monvel and Martin (1995) have derived an upper bound on the number of fixed points (which are not necessarily attractors) corresponding to memory or immune steady states against presented antigens, for a random network with a continuous distribution of $J_{ij}$. They show that the maximum number of such fixed points scales as $\log N$ where $N$ is the total number of clones. They thus conclude that a system with random connectivities and a continuous distribution of affinities will have a memory capacity that is “essentially nil.”

This conclusion, which is rather pessimistic, may be very sensitive to the choice of a bell-shaped activation function $f(h)$ used in the network model. Recently, De Boer et al. (1996) introduced a new bell-shaped activation function derived from a physical chemical model of receptor cross-linking that greatly reduces the possibility of percolation in networks with a distribution of $J_{ij}$.

How the number of fixed points and attractors scale in systems using this new activation function remains to be determined.

A number of authors, e.g., Varela et al. (1988), accept the idea of an immune network working in the chaotic regime that results from avalanches. But in our view, their predictions concerning the functional role of the network are unsatisfactory. For instance, they have to postulate the existence of two kinds of clones, those that are functionally connected to the net and those that are not, to account for both tolerance and clonal expansion.

If we want to maintain the existence of localized attractors in a network with many different connection strengths, we have to consider improvements to the original model. The most convincing improvement takes into account the role of T cells (cf. Carneiro et al., 1996; Carneiro, Coutinho, and Stewart, 1966). Recent work of Neumann and Perelson (unpublished results) show that the control of B-cell proliferation by T cells can prevent percolation from occurring.

5. Biological interpretations of the localized attractor model

The simple B-cell model allows one to understand how the same network can support different independent attractors that can be interpreted as virgin, immune, and tolerant states. Which attractor is reached depends on the local topology of the network and the conditions of antigen presentation. With the additional assumption that the parameters of the model change between early life and adulthood one can understand how self-nonself discrimination is accomplished by the immune system. Assume that a self antigen is seen only by clone $Ab_1$. Recall that tolerance can be achieved by the suppression of the idiotypic clone $Ab_1$ by the anti-idiotypic clone $Ab_2$. Once the tolerance attractor is achieved, secondary presentation of the antigen does not give rise to any immune response, because the antigen only increases the suppression on clone $Ab_1$. Thus the tolerance attractor, once reached, is robust against secondary presentation of the antigen. If we now assume that the anatomical and physiological situation during prenatal and neonatal life gives rise to parameters such that self antigen presentation results in tolerance, then no response to self antigen will be observed after the tolerance attractor is attained. During childhood, system parameters may change so responses to newly encountered and presumably foreign antigens will predominantly give rise to immune responses and attainment of the immune attractor rather than the tolerance attractor. Thus vaccination against new (foreign) antigens will occur, except for those with very large concentrations that generate suppressive fields. Even though system parameters change, the (self) antigens presented in the first stage will continue to be tolerated; the tolerance attrac-
tor is not removed by the change of parameters, but it can no longer be reached from the virgin state.

“Abnormal” presentation of self antigen during early life can, according to this model, result in autoimmune diseases. The dynamic approach may shed some light on the specific role of certain MHC molecules in autoimmunity. Since self peptides need to be presented by MHC molecules, the local parameters (connectivity and $J_{ij}$’s) that describe network topology and antigen presentation are under the influence of the MHC. The same logic may explain the existence of only a limited set of autoimmune diseases: although we have discussed mainly a homogeneous network, it is clear the immune system is inhomogeneous. Around each node in the network, connectivity and $J_{ij}$’s may vary and we might expect that some tolerant attractors are more fragile than others.

The view that autoimmune disease can result from dynamic effects is not shared by most experimentalists whose attention is focused on immunogenetics (Coutinho and Kazatchkine, 1994).

### E. Antibody/B-cell network models

The network models that we have discussed so far have dealt solely with B cells. A more realistic set of models have been developed that include both B cells and the antibody that they secrete. When the lifetimes of B cells and antibody differ significantly, new phenomena arise in these network models. In this section we describe the class of AB (antibody/B-cell) models and their properties.

1. The AB model

Let $b_i$ be the density of B cells of type $i$ and $a_i$ the concentration of antibody of type $i$. Then a generalization of the model given by Eq. (4.1) is

$$\frac{db_i}{dt} = m + b_i[pf(h_i) - d_B], \quad (4.35a)$$

$$\frac{da_i}{dt} = sb_i f(h_i) - d_C h_i a_i - d_A a_i, \quad (4.35b)$$

where the field

$$h_i = \sum_j J_{ij} a_j, \quad (4.36)$$

is determined by the concentration of antibodies capable of reacting with a B cell. If antigen is present, its concentration is added to the field with an appropriate weighting coefficient. As in the B model, $p$ is the rate of proliferation of B cells and $f(h)$ is taken to be the log-bell-shaped function given by Eq. (4.3). Here $m$ is the rate of generation of cells from the bone marrow, and $d_B$ is the rate of B-cell death. We assume that when B cells become activated they secrete $Ab$ at rate $s$. Antibody has a natural rate of decay $d_A$. Antibody can also be eliminated by binding to anti-idiotype antibody to form a complex, which is then assumed to be eliminated (by macrophages and other phagocytic cells) at rate $d_C$. Formation and clearance of antibody-antibody complexes has been measured in man (Davies et al., 1990). Because complex formation is a chemical process that should occur on a time scale of seconds to minutes, we have assumed that the concentration of complex is that at chemical equilibrium. Thus we assume that the concentration of complexes containing antibody $a_i$ is proportional to $C_i = \sum J_{ij} a_j a_i = h_i a_i$. Since the “affinities” $J_{ij}$ are scaled to be between 0 and 1, the actual concentration of complexes is obtained by multiplying $C_i$ by a typical affinity $K$ for idiotype anti-idiotype interactions, e.g., $10^5$ M$^{-1}$. This affinity constant is then subsumed within the parameter $d_C$.

In this model we have assumed that activated cells proliferate and secrete antibodies, and that the signals for doing so can be summarized by the field through the single function $f(h)$. Other models (e.g., those of Varela et al., 1988; Sulzer et al., 1993) assume that different functions of the field govern proliferation and differentiation into an antibody-secreting state.

To reduce the number of parameters in this model we nondimensionalize the equations, choosing the B-cell lifetime as a time scale. Equations (4.35) and (4.36) become

$$\frac{dB_i}{dT} = \sigma + B_i [pf(h_i) - 1], \quad (4.37a)$$

$$\frac{dA_i}{dT} = \delta [B_i f(h_i) - A_i] - \mu A_i h_i, \quad (4.37b)$$

where $T = td_B$, $B_i = b_i/(\alpha d_A)$, $A_i = a_i/\alpha$, $\alpha$ is a typical antibody concentration, $\delta = d_A/d_B$, $\sigma = ms\alpha/(d_A d_B)$, $\mu = d_C/d_B$, and $\rho = p/d_B$. Further, since the activation function $f(h)$ is symmetric around its maximum when plotted on a logarithmic scale, we can choose $\alpha$ such that $h = 1$ corresponds to the maximum level of activation and replace $\theta_1$ and $\theta_2$ by a single parameter $\theta$ with

$$f(h) = \frac{h^\theta}{(\theta^{-1} + h)(h + \theta)}. \quad (4.38)$$

A discussion of this nondimensionalization is given by De Boer, Perelson, and Kevrekidis (1993a).

2. The two-clone case

De Boer, Perelson, and Kevrekidis (1993a) study the case of two clones with no self interaction, $J_{11} = J_{22} = 0$, and a symmetric connection matrix, $J_{12} = J_{21} = 1$. The steady states of this model can be analyzed completely. At steady state, Eqs. (4.37) become

$$0 = \sigma + B_1 [pf(A_2) - 1], \quad (4.39a)$$

$$0 = \sigma + B_2 [pf(A_1) - 1], \quad (4.39b)$$

$$0 = \delta [B_1 f(A_2) - A_1] - \mu A_1 A_2, \quad (4.40a)$$

$$0 = \delta [B_2 f(A_1) - A_2] - \mu A_1 A_2. \quad (4.40b)$$

Hence, from Eq. (4.39) with $\sigma \neq 0$,
A and the substitution of Eq. (4.38) for the equations whose solution gives the steady-state values of the roots of the cubic given in brackets. If analyzing Eq. (4.44) as discussed below. 

The AB model also has another type of virgin state, akin to the one in the B model, in which antibody is present algebraically. The asymmetric steady states are those in which one field is high and one low. In the B model, we distinguished between the two possible asymmetric states and called one immune and the other tolerant. Here we shall not introduce antigen and there is no reason to distinguish these states; in fact, their stability properties are identical.

Numerical studies (De Boer, Kevrekidis, and Perelson, 1990) indicated that the AB model could show oscillatory and chaotic behavior when antibody lifetimes were greater than B-cell lifetimes, i.e., when \( \delta = \frac{d_A}{d_B} < 1 \). More precise analysis was carried out by De Boer, Perelson, Kevrekidis (1993a) using numerical continuation methods. This work showed that when \( \mu = 0 \), so that there was no antibody-antibody complex formation, continuation of either of the asymmetric (or immune) steady states with \( \delta \) as a bifurcation parameter led to a supercritical Hopf bifurcation at \( \delta = 0.98 \). Continuation of the Hopf bifurcation as a function of the two antibody lifetime parameters \( \delta \) and \( \mu \) allowed De Boer, Perelson, and Kevrekidis (1993a) to map the parameter region where the immune states are stable—and where the principal behavior of the model is stationary—as well as the region where the immune states are unstable—and where the principal behavior of the model is stationary.
turns out to be oscillations and/or chaos. The immune states are stable in the shaded area in Fig. 29. Using $\delta=0.1$ as a realistic estimate of the ratio of B-cell and antibody lifetimes, this analysis suggests that the immune states would be stable whenever $\mu$ was sufficiently large, i.e., $\mu>12.6$. Using biological data, De Boer, Perelson, and Kevrekidis (1993a) estimated that $\mu=200$ and hence predicted that immune states should be stable.

An overview of the dynamic behavior of the AB model can be gleaned from Fig. 30, where the complex formation parameter $0\leq\mu\leq15$ is varied (for $\delta=0.1$). For these parameters the immune states are unstable when $\mu<12.6$. At $\mu=12.6$ the immune states undergo a subcritical Hopf bifurcation (see Fig. 29). The dots in Fig. 30 are values of $\ln(B_1/B_2)$ attained at a Poincaré section defined by $A_1-A_2=0$. This Poincaré section is a plane of symmetry.

Figure 30 exhibits three distinct regions of behavior. For $0\leq\mu<3.7$, there is an apparently chaotic attractor that seems to be born via a period-doubling cascade. For $3.7\leq\mu<14$, there is an apparently chaotic attractor (and complicated limit cycles in its periodic windows). The texture of this region is much lighter (and is even white for $3.75<\mu<6$ because the zero-order continuation has difficulties following the attractor). Lastly, for $\mu>14$, the apparently chaotic attractor has disappeared, and there appear to be no further orbits intersecting the Poincaré plane.

3. Chaos

One of the interesting dynamical features of the AB model is the existence of apparent chaotic dynamics. Further details about the oscillatory and chaotic behaviors observed in AB models can be found in De Boer, Kevrekidis, and Perelson (1990), Stewart and Varela (1990), Perelson and Weisbuch (1992a), Anderson, Newman, and Perelson (1993), De Boer, Perelson, and Kevrekidis (1993a, 1993b), Bersini and Calenbuhr (1995), and Calenbuhr et al. (1995).

Are such behaviors characteristic of the immune system or are they simply behaviors of a complex nonlinear dynamic model operating in a possibly nonphysical parameter regime? At the moment we do not know. There have been three experimental reports (Rodkey and Adler, 1983; Lundkvist et al., 1989; Varela et al., 1991)
F. The continuous-shape-space approach

Another approach to the study of immune networks suggested by Segel and Perelson (1988, 1989a, 1989b, 1989c, 1990) involves using partial differential equations rather than systems of ordinary differential equations. Here the shape of a receptor that characterizes a B-cell clone is described by a continuous variable $x$. For concreteness one can think of $x$ as the height of a wedge-shaped region on the receptor, with positive $x$ corresponding to a protuberance and negative $x$ to an indentation (see Fig. 18). Perfect complementarity, and hence maximum binding affinity, occurs when the protuberance on one molecule and the indentation on another molecule are of the same length. For definiteness, the falling off of binding affinity for less complementary shapes is described by a Gaussian function of the distance between a given shape and its complement. These considerations lead to the following model (De Boer, 1991; Anderson, Neumann, and Perelson, 1993). In the presence of percolation and large-scale fluctuations it is difficult to envision how immune memory might be maintained by a network. Thus one can conclude that either responses are localized or that memory is maintained by non-network mechanisms, e.g. memory cells or retained antigen (see Fishman and Perelson, 1995).

TABLE I. Stability properties of the uniform steady states.

<table>
<thead>
<tr>
<th>State</th>
<th>Stability to perturbation</th>
<th>Most dangerous perturbation</th>
</tr>
</thead>
<tbody>
<tr>
<td>Virgin</td>
<td>stable</td>
<td>sinusoidal</td>
</tr>
<tr>
<td>Immune</td>
<td>unstable</td>
<td>unstable</td>
</tr>
<tr>
<td>Suppressed</td>
<td>stable</td>
<td>unstable</td>
</tr>
</tbody>
</table>

In Eq. (4.47) $G$ and $\sigma$ are constants determining the amplitude and width of the Gaussian, respectively. If each shape is complementary to only a small fraction of all possible shapes, $\sigma \ll L$. Because we can scale $\theta_1$ and $\theta_2$, we can set $G = 1$ without loss of generality (De Boer and Perelson, 1991). This has the advantage that for $L \gg \sigma$

$$\int_{-L}^{L} g(x, \hat{x}) d\hat{x} \approx 1.$$  

(4.48)

For a multidimensional shape space, we replace Eq. (4.47) with

$$g(x, \hat{x}) = G(2\pi\sigma^2)^{-\frac{1}{2}} \exp[-(x + \hat{x})^2/2\sigma^2].$$

where $l$ is the dimension of the shape space and $x$ and $\hat{x}$ are $l$-dimensional vectors. The use of different variances in different shape-space directions is also possible in this multidimensional model. Sometimes periodic boundary conditions are used to avoid end effects. To study the effects of finite shape-space size, other boundary conditions are employed wherein clone sizes whose shapes lie outside a certain interval are fixed at zero magnitude.

As might be deduced from our considerations of discrete networks (Secs. IV.B and IV.D), whenever $m \ll \theta_1 \ll \theta_2$, Eq. (4.45) formulated on the infinite domain or using periodic boundary conditions has three spatially uniform equilibria $b(x, t) = \bar{b}$, the virgin, the immune, and the suppressed or tolerant states, respectively. By Eqs. (4.46) and (4.47) the fields of the uniform states satisfy $h(x; b^*) = b = \text{const}$, for all $x$. Each of the three states has its own typical range of values of the field. As in the case of the discrete network one can greatly simplify the analysis by approximating $f(h)$ differently in each of the three states, and easily obtain analytic expressions for the B-cell population levels in the three uniform states. In the virgin state, $b^* = m/d$, in the immune state, $\bar{b} = \theta_1/[p/(d-1)]$, and in the suppressed state, $\hat{b} = (p/(d-1)) \theta_2$. The stability of the uniform states can be analyzed by rather standard analytical methods (De Boer, Segel, and Perelson, 1992). The stability of the uniform states is described in Table I.

Many nonuniform steady states also exists, which can be found by numerical methods (see Fig. 31). Analysis of the nonuniform solution is a type of pattern formation problem, in which the patterns form in shape space. Learning and memory in this system correspond to obtaining patterns in which clonal populations that are complementary to encountered antigens are high and remain high after subsequent antigen challenges. Patterns also form in the absence of antigen, which reflect
The field is maximal at $y$ because shapes near zero are supposed to match them-
grows, which in fact is observed in the simulations. The B-cell population, which is plotted on a logarithmic scale ranging to $10^{12}$, exhibits two unrealistically large peaks, which are sustained by self-stimulation. In addition one sees a region for $0.2 < x < 0.6$ where the population is in the immune state, and a complementary region in the negative part of shape space in which the population is suppressed.

the intrinsic activity of the network.

Numerical solutions of a discrete representation of Eqs. (4.45)-(4.48) showed that networks do not always reach an equilibrium; clones can continue to grow due to self-stimulation. Antibodies that are self-binding have been discovered and are called autododies (Kang and Köhler, 1986a, 1986b). To see how autododies arise, consider the effect of a single clone at $y = y_1$, where $y_1 > 0$. Let

$$b(x) = b_1 \delta(x - x_1),$$

where $\delta$ denotes the delta function. Then, by Eq. (4.46),

$$h(y) = \int g(x + y) b(x) dx = b_1 g(x_1 + y).$$

The field is maximal at $y = -x_1$ and falls towards zero as $y$ approaches $x_1$. If, at some value $\hat{y}$, $h(\hat{y}) \approx \sqrt{\theta_1 \theta_2}$ then a clone at $\hat{y}$ will be maximally stimulated. If this maximal stimulation occurs at $\hat{y} = x_1$, then the clone at $x_1$ will stimulate itself maximally. This will occur if $b_1 g(2x_1) = \sqrt{\theta_1 \theta_2}$ or $x_1 = \sigma \sqrt{2} \log \eta/2$, where $\eta = b_1 / \sqrt{2 \pi \sigma^2 \theta_1 \theta_2}$. Thus $x_1$ is of order $\sigma$, i.e., near the origin. Notice that the larger $b_1$, the further from the origin is the clone that maximally stimulates itself. Thus we expect the peak near the origin to move gradually to the right as it grows, which in fact is observed in the simulations.

Self-stimulation of clones near the origin makes sense because shapes near zero are supposed to match them-

selves closely. B-cell clones that produce autododies have been discovered in mice. These clones can become large and dominate immune responses. Similarly, in this model a low-affinity autodody can grow large enough to sustain its own proliferation, and—as a side effect—dominate a large proportion of the shape space.

A simple solution to the problem of unrealistically large population sizes formed by autododies is to incorporate a self-limiting term in the growth equation for each population. Thus one can multiply the maximum proliferation rate $p$ by the density-dependent function $r(b)$, so that Eq. (4.45) is replaced by

$$\frac{\partial b}{\partial t} = m + b[pf(h)r(b) - d],$$

(4.49)

where $r(b)$ is

$$r(b) = \frac{\theta_3}{\theta_3 + b}.$$

Instead of $\theta_3 / (\theta_3 + b)$ a variety of other functions could be used. For example, Segel and Perelson (1988) suggested $e^{-\lambda b}$. The logistic-type term $(1 - b/b_{\text{max}})$ could also be used.

With the inclusion of the self-limitation term $r(b)$, networks now reach an equilibrium. In equilibrium some populations are close to the maximum $\theta_1$, while other populations attain values around the immune and suppressed states. As was to be expected, the autodody close to the origin $x = 0$ grows to the maximum level.

In Fig. 32 we show a number of equilibrium patterns as a function of the range of interaction in shape space. The interaction range is indicated by the heavy horizontal line at the top of each panel. See De Boer, Segel, and Perelson (1992) for details.
\( \sigma \) the more peaks there are in the equilibrium distribution. However, analysis of the patterns that formed reveal another interesting feature. Recall that the uniform states of the system corresponded to clones’ being in one of three states: virgin, immune, or suppressed. Similarly, in two-clone networks these three types of states also appeared with the added complication that the only stable states were with both clones virgin or with one clone at a high level (immune) and the other at a low-to-intermediate level (suppressed). In the nonlinear patterns that develop in continuous shape space, clones spontaneously organize into clusters of immune clones, and in regions of shape space that are complementary, clusters of suppressed clones are found (Fig. 32). It is not surprising to see immune and suppressed clones in complementary parts of shape space since the bell-shaped activation function requires an immune clone to see a low field as generated by a suppressed clone, and a suppressed clone to see a high field of the type generated by an immune clone. What is surprising is that we find localized regions of shape space, of width much larger than the field sensed by any single clone, in which all clones are activated. Furthermore, this region is complementary in shape to a region of roughly equal size in which all clones are suppressed. These higher-order localized structures are emergent properties of our model. The structures are not only present at equilibrium as shown in Fig. 32, but appear while the network is attaining equilibrium. During the oscillatory approach to equilibrium all of the clones in a cluster have related behavior, and idiotypic and anti-idiotypic clusters oscillate as if they were two interacting antibody species (not shown). An interesting implication is that one should be able to formulate a model in terms of interactions between clusters of clones. To our knowledge this has not yet been done.

Another open problem is to demonstrate learning and memory. Patterns that form once a system is challenged with antigen tend not to be preserved if the system is challenged with a second antigen. In a sense, responses percolate through the system preventing memory from being retained. It would be interesting to see if some basic modifications to the fundamental equations could be made that would allow memory retention. The localized responses seen in fixed-topology models (Sec. IV.D) do allow preservation of memory. Here localized responses can only be obtained if \( \sigma \) is taken sufficiently small that clones act independently, and hence if the network is destroyed. Immunologists, such as Coutinho (1989), have suggested that networks may not be involved in generating immune responses (see also Rose and Perelson, 1994). If this is in fact the case, then not being able to retain memory of previous antigen encounters may not be a failing of the model but rather a reflection of the properties of an immune network.

The model presented above was one dimensional. The general analysis of pattern formation in multidimensional shape spaces is a challenging task and remains to be resolved. Some approaches that are currently being explored involve using window-automaton models (Sec. IV.D.3) in which the log-bell-shaped activation function \( f(h) \) is replaced by a piecewise linear function that is 1 when \( h \) is between \( \theta_1 \) and \( \theta_2 \), and 0 elsewhere (De Boer, Hogeweg, and Perelson, 1992; Stauffer and Weisbuch, 1992; De Boer, van der Laan, and Hogeweg, 1993; Stauffer and Sahimi, 1994; see also Stewart and Varela, 1990) and (Sec. V.D). While such approaches are interesting mathematically and give some impression of patterns, it is not clear whether they will provide additional immunological insights beyond those that can be obtained with the bit-string models discussed below.

G. Bit-string models of the network

The main advantage of the previously discussed B and AB models is that their simplicity allows for mathematical analysis. Thus in the continuous shape space model one can easily analyze the stability of the three homogeneous steady states of the model to uniform and sinusoidal perturbations (De Boer, Segel, and Perelson, 1992). In the discrete network model we were able to find conditions for the existence of localized attractors. However, a major disadvantage is that these models ignore the turnover of clones in the network and have rather simple, idealized topologies.

In the immune system the bone marrow produces novel clones with new receptors at a rate that is sufficient to replace all clones in the network in a few days. Thus it seems that in the network the addition and deletion of clones takes place on a time scale that is similar to the growth and decay rates of B cells. The addition and deletion of clones was first considered in the simulation model of Farmer, Packard, and Perelson (1986). Farmer et al. (1987), as well as Varela et al. (1988), have used the term “metadynamics” to denote the change in dynamics of the system owing to the replacement of clones. By adding a form of metadynamics to a class of network models, De Boer and Perelson (1991) have attempted to account for the effects of clonal insertion and deletion processes in the network. Because the immune network seems to be significant during early life (Coutinho, 1989; Holmberg et al., 1989), the model was used to study the development of the immune network. They were particularly interested in two emergent properties—the size and the connectivity of the network.

1. Model equations

The model is composed of a varying number of B-cell clones of different specificities that form a network. Each clone is characterized by its specific antibody receptor, which is specified in the model by a bit string that reflects the “shape” of the antibody (see Farmer, Packard, and Perelson, 1986). A source, intended to model the bone marrow, supplies novel B-cell clones that can be incorporated into the network. Two clones can interact via soluble antibodies whenever their receptor shapes (i.e., bit strings) are complementary. Cells that become activated proliferate and differentiate into antibody-secreting cells. This maturation process takes a
few days. Free antibodies may also react with complementary antibodies to form complexes. These complexes, which are analogous to antigen-antibody complexes, are removed from the system.

The field of a clone is defined as in Eq. (4.36). The activation function \( f(h_i) \) is the log-bell-shaped function, Eq. (4.3).

To model the dynamics of the various B-cell clones they assumed that cells proliferate at rate \( p \) upon idio-
typic stimulation and decay at rate \( d_B \). Thus

\[
\frac{dB_i}{dt} = B_i [p f(h_i) - d_B].
\]

(4.50)

This differential equation differs from that in the B and AB models, Eqs. (4.1) and (4.35), respectively, in that it has no source \( m \). To model the time-dependent aspects of antibody production De Boer and Perelson (1991) used a "gearing up" function \( G_i(t) \) that accounted for the time lag associated with the differentiation of stimulated B cells. This approach was first introduced by Segel and Perelson (1989b). In this model, a separate gearing up function was used for each clone so that \( G_i(t) \) could be interpreted as the proportion of fully differen-
tiated B cells of type \( i \). \( G_i(t) \) was given by

\[
\frac{dG_i}{dt} = k [f(h_i) - G_i],
\]

(4.51)

where \( k \) is a constant that determines the characteristic time for gearing up. At \( t=0, G_i(0) = 0 \) so that there is no initial secretion. After antibodies are secreted they are free in solution. Free antibodies \( A \) decay at rate \( d_A \) and form complexes with complementary antibodies, which are eliminated at rate \( d_C \). Thus

\[
\frac{dA_i}{dt} = s B_i G_i - d_C A_i h_i - d_A A_i,
\]

(4.52)

where \( s \) is the rate at which a fully mature B cell pro-
duces antibody. Note that this equation differs from Eq. (4.35b) in the basic AB model by using \( G_i \) rather than \( f(h_i) \) as the modifier of \( s \).

To summarize, the model consists of \( 3n \) differential equations, where \( n \) is the number of clones in the system. The size of the network \( n \) is determined by the metadynamics.

2. Metadynamics

As in Farmer, Packard, and Perelson (1986) and Per-
elson (1988), the shape of each antibody molecule is re-
presented as a bit string of length \( L \). Antibody molecules are assumed to recognize each other whenever their bit strings can be matched complementarily. The specific rule that we used was to align the bit strings and require a complementary match over a stretch of at least \( r \) ad-

djacent positions. If the strings match over exactly \( r \) ad-
djacent positions, we assigned a low affinity, \( J_{ij} = 0.1 \). If the strings match over more than \( r \) adjacent positions, we assigned a high affinity, \( J_{ij} = 1 \). We set \( L = 32 \) and varied \( r \) in order to vary the \( a \) priori matching probability \( P(\text{match}) \) of receptors. For the matching rule de-
scribed above, \( P(\text{match}) \) is the probability of finding a "success run" of at least length \( r \) in a sequence of \( L \) Bernoulli trials (e.g., \( r \) "heads" in a row in a sequence of \( L \) coin tosses). For a binary string generated with equal probabilities of 0 or 1 at each position, Feller (1968) shows that \( P(\text{match}) \) can be approximated by the following formula, which becomes reasonably accurate for \( L \gg 2 \):

\[
P(\text{match}) \approx 1 - r \frac{2 - x}{(r + 1 - x) x^{L+1}},
\]

where \( x \) is the smallest root in absolute value of

\[1 - x + \frac{x^{r+1}}{2} = 0.\]

[One can also approximate \( P(\text{match}) \) by the methods used by Percus, Percus, and Perelson (1993) and dis-
cussed in Sec. II.C.] Using Feller’s result, we find for \( L = 32 \) and \( r = 6 \), 7, 8, 9, 10, and 11, \( P(\text{match}) \approx 0.205, 0.103, 0.05, 0.024, 0.012, \) and 0.005, respectively. Experimental data suggest that during early life clones are connected to 20–25% of all the clones in the network (Holmberg et al., 1984; Kearney, Vakil, and Nicholson, 1987). For \( L = 32 \) such a connectivity, i.e., \( P(\text{match}) \approx 0.2 \), is expected around \( r = 6 \).

In the simulation of De Boer and Perelson (1991), \( M \) novel clones were produced each day, with each clone containing about 10 cells. Using the string-matching algorithm, each newly generated clone was compared with the clones already in the network. A new clone was incor-
orporated in the network only if it recognized at least one other clone and if these interactions were suffi-
ciently stimulatory so that \( dB_i/dt > 0 \). At time intervals of one day, clones were removed if \( B_i < 1 \) and \( A_i < \theta_0/10 \), i.e., if the clone consisted of fewer than one cell or if its antibody population was too small to have any effect. As an initial condition the simulation was started with a few randomly generated antibodies, assumed to represent maternal antibodies.

3. Simulation results

Figure 33 shows how some global characteristics of the network change in time for several values of the clonal production rate (i.e., \( M = 10, 20, 40 \); lines increase in thickness with \( M \)). The number of clones \( n \) in the network [Fig. 33(a)] has a large peak during the first month, whose height increases with \( M \). This early peak sharply declines by the third month, and the network attain reduces an equilibrium size around which it fluctuates. The total amount of antibody produced by the network is shown in Fig. 33(b). After a slow decline of the ma-
ternal antibodies, the total antibody concentration in-
creases until a steady-state level of about \( 3 \times 10^6 \) units is attained, where a unit is the amount of antibody se-
creted by a single activated B cell during one day. This level corresponds to roughly 1 mg/ml, the physiologi-
cally observed serum level of IgM. The daily average number of connections per clone, i.e., the connectivity of the network, is shown in Fig. 33(c). As in Fig. 33(a), Fig.
The emergent properties of the network were further investigated by analyzing a series of networks in which both $P(\text{match})$ and $M$ were varied (Fig. 34). The equilibrium size of the network strongly depended on $P(\text{match})$ [Fig. 34(a)]. Networks comprised of sticky receptors [e.g., $P(\text{match}) > 0.1$] remained small and contained fewer than 200 clones. Conversely, whenever receptors were specific [e.g., $P(\text{match}) < 0.01$], the networks became larger and could contain thousands of clones. From the shape of the observed curves one can conclude that the number of clones was inversely related to $P(\text{match})$. Thus systems with highly specific receptors generated very large networks.

The light lines in Fig. 34(c) depict the dynamic connectivity of the network, i.e., the average number of connections per clone realized during the simulation. For low values of $P(\text{match})$ the dynamical connectivity increased with $P(\text{match})$ until it saturated at about 10 connections per clone. This saturation was surprising because it meant that the connectivity no longer depended on the matching probability. It also showed that one cannot always deduce $P(\text{match})$ from connectivity data. The experimental estimate of a connectivity of 20–25% is only a transient in this model, which is attained during the early peak shown in Fig. 34. This is consistent with experiments by Holmberg et al. (1984) and Kearney, Vakil, and Nicholson (1987) in which connectivities of around 20% were observed in newborn mice and then decreased by at least 10- to 100-fold in adult mice (Holmberg et al., 1986, 1989; Zöller and Acht, 1991).

The “expected connectivity” of a network, i.e., the $P(\text{match})$ multiplied by $n$, the number of clones in the network [as provided in Fig. 34(a)], is shown by the heavy lines in Fig. 34(c). Because the connectivity was always smaller than the expected connectivity, one can conclude that networks in equilibrium select for growth and survival, within the network, of clones with low connectivity. Within this framework, low connectivity is not an intrinsic property of any particular antibody but rather is determined by the random structure of a clone’s receptor and the shapes of the receptors on the other clones present in the system. A clone that is low connectivity in one simulation may be a high-connectivity clone in another simulation—the collection of clones within the system at any given time determines whether a clone will have high or low connectivity. This is a prediction of the model that may be able to be tested in experimental animals.

The fact that the observed equilibrium size of the networks is inversely related to $P(\text{match})$ accounts for a “self-regulatory completeness” of the repertoire: the higher the specificity of the receptors the larger the number of clones becomes in the immune network. Thus over a large range of specificities the size of the system changes so that the repertoire remains complete. This completeness also provides an explanation for the fact that the networks attain an equilibrium size. The networks grow until every bit string is expected to be connected to a sufficient number of other clones to remain stimulated. De Boer and Perelson (1991) explain this in more detail.

The incorporation of metadynamics in this model was an attempt to account for the rapid turnover of clones in...
the network. Unfortunately, due to current computational limitations, it is impossible to perform the simulations for realistic values of $M$. In the immune system the bone marrow produces of the order of $M = 10^5$ to $10^6$ novel clones per day. Thus systems with of order of a million differential equations might need to be solved. We have simulated up to $M = 500$ (De Boer and Perelson, 1991). In an attempt to model systems with larger values of $M$, De Boer, Hogeweg, and Perelson (1992) approximated $f(h)$ by a window automaton (Sec. IV.D.3; Neumann and Weisbuch 1992a) and implemented this AB model with gearing up in a two-dimensional shape space as a cellular automaton. They found that all of the conclusions presented above remained true as $M$ reached realistic values (see also De Boer, van der Laan, and Hogeweg, 1993). Further discussion of automaton models is given below.

V. AUTOMATON APPROACHES

Networks of automata are dynamical systems that are the discrete equivalent of differential systems. Recently they have been widely used, for instance in neural nets and cellular automata, to model complex systems such as the brain or complex fluids. The theory of these networks has been actively developed during the last ten years. We shall not try to redefine this formalism here. The interested reader might refer to Mézard et al. (1988), Hertz et al. (1990) or Weisbuch (1990a), for simple introductions. One of the main advantages of these networks for a biologist involved in modeling is that the construction of a model requires a minimal knowledge about the numerical values of the parameters that define a system. The differential equation systems described in the previous sections required biological

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**FIG. 34.** Equilibrium characteristics of a series of networks varying $P(\text{match})$. Parameters as in Fig. 33. The equilibrium values were determined by averaging over the last 100 days of a simulation. We show three values of $M$: $\square$, $M = 10$; $\bigcirc$, $M = 20$; $\triangle$, $M = 40$. (a) The total number of clones (light lines). (b) Total antibody. (c) The network connectivity (light lines) and the expected network connectivity (heavy lines), defined by $P(\text{match})$ multiplied by the number of clones, as given in (a). (d) Average antibody per clone.
rather than by a suppressive region in the proliferative response function of B cells. The network is represented by the following set of logical expressions:

\[ B = e \cdot h, \]
\[ H = e \cdot \bar{s} + h, \]
\[ S = h + s \]
\[ A = e \cdot b \cdot h. \]

The bar over \( s (\bar{s}) \) is to be read as a NOT logical function, multiplicative sign (\( \cdot \)) is to be read as an AND logical function, and the + sign as an OR. The model uses a specific kind of sequential updating so that one has to make a distinction between states represented by lower-case letters and updating functions represented by upper-case letters. In the absence of antigen, the attractors of the dynamics are \( bhsa = 0000, 0110, 0010, \) which can be interpreted as virgin, memory (in which there are neither antibody nor B cells, but there are helper and suppressor cells), and a nonresponsive or suppressed state (the leftmost bits represent variable \( b \), the second \( h \), the third \( s \), and the last \( a \)). This analysis is extended to more complicated networks taking into account different stages of development of B cells, and to systems of differential equations by Kaufman and Thomas (1987) and Kaufman (1988).

B. A model of autoimmune diseases

Immunologists interested in autoimmune diseases often work on animal models instead of humans. Experimental autoimmune encephalomyelitis (EAE) is a disease that can be induced in mice and Lewis rats and which serves as a model of multiple sclerosis (MS) in humans. Adjuvant arthritis is an animal model of rheumatoid arthritis. Experiments on animals allow cellular immunologists to isolate and culture those cells, T cells involved in the response to the self antigen myelin basic protein, as might occur in the diseases EAE or MS (Weisbuch and Atlan, 1988a).

A five-cell-type network is shown in Fig. 36. Automaton \#1 represents killer cells in a resting state, \#2 killers activated by the presence of the antigen, \#3 and \#5 suppressor cells, and \#4 helper cells. The arrows represent “synaptic connections” of either sign. The strengths of

FIG. 35. Boolean model of B-T cell interactions was based upon the interaction scheme shown above in which \( E \) stands for epitope (the antigen), \( B \) for B cells, \( A \) for antibody, \( T_h \) and \( T_s \) for helper and suppressor T cells. From Kaufman, Urbain, and Thomas (1985), reproduced with permission.

A discrete model for B-cell/T-cell interactions was proposed by Kaufman, Urbain, and Thomas (1985). These authors were interested in the simplest way to describe the logic of the interactions among a number of different cell types and their results in terms of the immune response. Figure 35 shows the simplest version of their network. The binary variables are \( A \), the B-cell population, \( H \), the secreted antibody concentration, and \( S \), helper and suppressor T-cell populations, respectively. Antigen is assumed to be either present or absent and hence is represented by \( e \), a binary parameter. Thus in this model suppression is taken into account by an explicit cell population, suppressor T cells, rather than by a suppressive region in the proliferative

A. Modeling B-T interactions

We describe some examples, usually in their simplest version. Since these models often try to follow some of the intricacies of the immune system in terms of the cellular specificities, a faithful description would take us too far into cellular immunology and into the idiosyncrasies of each model (at least in the two first cases).

A discrete model for B-cell/T-cell interactions was proposed by Kaufman, Urbain, and Thomas (1985). These authors were interested in the simplest way to describe the logic of the interactions among a number of different cell types and their results in terms of the immune response. Figure 35 shows the simplest version of their network. The binary variables are \( A \), the B-cell population, \( H \), the secreted antibody concentration, and \( S \), helper and suppressor T-cell populations, respectively. Antigen is assumed to be either present or absent and hence is represented by \( e \), a binary parameter. Thus in this model suppression is taken into account by an explicit cell population, suppressor T cells, rather than by a suppressive region in the proliferative
all synaptic connections are taken equal to 1. The thresholds are positive and less than 1. The iteration process involves parallel updating of the automata. Such a net can be in any of the 32 configurations corresponding to different populations of the five cell types. The dynamics of this network has two attractors, one with all automata in state 0, which can be interpreted as a virgin state corresponding to the absence of any cell type specific for the antigen. The other attractor has binary representation 10111, which indicates a small concentration of activated killers and a large concentration of all other cell types. It corresponds to a healthy carrier state, with killer cells only in a resting state, thus unable to harm the organism by developing an active autoimmune reaction. The basin of attractors of these two attractors are obtained by the iteration of all the 32 possible configurations. Attractor 10111 is preceded for instance by configuration 10111, with active killer cells. If one survives this critical period one reaches attractor 10111, the vaccinated carrier state.

More elaborate versions of this approach were developed by Atlan and Cohen (1992). Chowdhury and Stauffer discussed extensions of the small-network approach to AIDS and cancer (see their review paper published in 1992). Cellular-automaton models have also been formulated for the interactions between helper T-cell subsets (Brass, Grencis, and Else, 1994), for HIV infection of T cells and macrophages (Pandey and Stauffer, 1990; Pandey, 1991; Mosier and Sieburg, 1994), and for more general immune system models (Celada and Seiden, 1992, 1996; Seiden and Celada, 1992).

The Seiden and Celada (1992) approach is particularly noteworthy since an attempt is being made to build a general immune system simulator. Their model begins with a bit-string description of receptors on B cells and T cells, as well as major histocompatibility complex (MHC) molecules on antigen-presenting cells. Antigen, 8 bits long, interacts with an 8-bit MHC molecule and under the correct matching conditions a complex is formed which has 4 antigen bits and 4 MHC bits “exposed.” This complex is now capable of interacting with an 8-bit T-cell receptor. The full 8-bit antigen can also interact with 8-bit antibodies secreted by B cells that were stimulated by interacting with the antigen and appropriate T helper cells. The number of cells and molecules are discrete variables, and events such as cell division or antigen-antibody binding occur probabilistically, with probabilities chosen so that the relative rates of different processes can be modeled. The simulation is done on a two-dimensional grid, and cells and molecules migrate over the grid; interactions occur only among cells and molecules in the same automaton cell. The model incorporates a lot of immunological details, and parameters have been tuned to give realistic-looking immune responses. Questions related to the optimal number of MHC molecules and the process of affinity maturation have been addressed with the model.

C. Spin-glass models

Spin glasses and neural nets have also inspired some models in theoretical immunology that are direct implementations of these formalisms. Parisi (1988), for instance, used a spin-glass formalism with symmetrical random connections to show that even in the case of large connectivity resulting in many clones Ab1 that recognize the antigen, the anti-idiotypic clones Ab2, unlike the internal image of the antigen-specific clone, have little chance to be excited since the field they experience is the result of random contributions. Only the clone corresponding to the internal image of the antigen-specific clone, have little chance to be excited since the field they experience is the result of random contributions. Only the clone corresponding to the internal image has some chance to be excited since its field results from a coherent contribution from the first-level clones. Lefèvre and Parisi (1993) have examined learning and memory in spin-glasslike immune networks.

Weisbuch and Atlan (1988b) used a dilute neural net formalism as a generalization of the simple neural network model discussed in Sec. V.B. With this formalism they studied the transition between organized behavior (localized attractors and cyclic attractors with short periods) and chaos (nonlocalization and aperiodic dynamics). In the dilute random-neural-nets formalism, localized behavior is observed only when a sufficiently large threshold θ is applied to the automata. The condition found by Weisbuch and Atlan was

$$\theta > \sqrt{z \log(z)},$$

where z is the connectivity of the network.

D. Automata on a 2-dimensional shape space with metadynamics

and De Boer, van der Laan, and Hogeweg (1993) have proposed and analyzed automaton models in a two-dimensional (2-d) shape space. We first describe the Stewart and Varela model. As in the De Boer and Perelson (1991) bit-string model described in Sec. IV.G, Stewart and Varela were interested in a metadynamics in which new clones are constantly generated from the bone marrow. Their basic algorithm consists in the generation of new clones at each time step. A new clone is randomly assigned a position on the 2-d space, with population 1. Fields on each clone are computed by adding contributions from neighboring clones. Individual contributions to the field are weighted by a Gaussian distribution according to the distance between clones as in the Segel and Perelson (1988) continuous-shape-space model (Sec. IV.F), but instead of using a single shape plane with maximum complementarity at opposite sides in the plane, Stewart and Varela use a representation with two sheets of complementary clones, white and black, and maximum complementarity occurs for clones of different colors at the same place. With our notation, the field \( h_i \) acting on clone \( i \), is given by

\[
h_i = \sum_j e^{-d_{ij}/c^2}, \tag{5.1}
\]

for all \( j \) clones of opposite color, where \( d_{ij} \) is the distance between clone \( i \) and \( j \), and \( c \) is a scaling constant. All clones, old and new, are set to zero population except if they experience an intermediate field, \( L < h < H \), in which case their population is set to 1. This dynamics results in the appearance of black and white stripes in the shape space (see Fig. 37). Black stripes apply large suppressive fields which exclude white clones. The parallel stripes of white clones create intermediate fields sufficient to sustain the black clones. These regions are stabilized by the presence of self-antigens. The large fields created by these self-antigens is sufficient to suppress complementary clones of opposite color in their immediate neighborhood, but excite them at a distance (see Fig. 37). A generalization of this black-white model to a system using differential equations to model the relevant dynamics is given by Detours et al. (1994).

A related model is that of De Boer, Segel, and Perelson (1992). Their model is formally a coupled map lattice model rather than an automaton model. Using a 2-d shape space, they let \( B = \ln b \), where \( b \) is the B cell concentration at position \((x,y)\) in shape space. With \( m = 0 \), Eq. (4.45) then becomes

\[
\partial B / \partial t = pf(h) - 1, \tag{5.2}
\]

where the B-cell death rate was set to 1 by an appropriate choice of the time scale, and \( p = 2 \) in these units. Because \( 0 \leq f(h) \leq 1 \), \(-1 \leq \partial B / \partial t \leq p - 1 \approx 1 \). Thus the derivative is bounded, and using an Euler integration method with step size one gives

\[
B(x,y,t+1) = B(x,y,t) + pf(h) - 1. \tag{5.3}
\]

Since \( B = 0 \) corresponds to \( b = 1 \), i.e., one B cell, it seems reasonable to require that \( B(x,y) \) never become smaller than zero. Thus De Boer, Segel, and Perelson (1992) assume

\[
B(x,y,t+1) = \max[0, B(x,y,t) + pf(h) - 1]. \tag{5.4}
\]

Computing \( h(x,y) \) by a discrete representation of (4.46), i.e., similar to Eq. (5.1), converts this model into a 2-d lattice map. Figure 38 shows the distribution of clones and field values that result from a typical simulation of this type. At each location \((x,y)\) the gray scale indicates the size of clone \( B(x,y) \) [Fig. 38(a)] and the size of the field \( h(x,y) \) [Fig. 38(b)]. The patterns seen in the figure are roughly circular due to the use of a truncated Gaussian function for \( f(h) \). Were we to use a square local neighborhood rather than the circular Gaussian neighborhood used here, the patterns would be more rectangular. The distribution of clone sizes and fields form a landscape of hills and valleys that resemble the distribution seen in the one-dimensional shape space illustrated in Figs. 31 and 32.

Restricting \( B \) to a small set of integer values and choosing \( f(h) \) as a window automaton converts the model into a cellular automaton. Dasgupta (1992) studies this model with \( B \) restricted to values 0, 1, and 2 and with a stochastic updating rule. Stauffer and Weisbuch (1992) and De Boer, van der Laan, and Hogeweg (1993) use only two values, 0 and 1. These models are computationally efficient and have been used to study pattern formation in shape space and the effects of high rates of cell recruitment into the network (De Boer, Hogeweg, and Perelson, 1992; De Boer, van der Laan, and Hogeweg, 1993).

In these models the patterns that appear represent the immune activity in the animal. Memory to an antigen or
set of antigens involves parts of the pattern remaining relatively invariant for long periods. Patterns do change on a slow time scale due to the influx of new cells and perturbations by antigens. Whether these low-dimensional models can usefully represent the changing immune repertoire remains to be seen.

The effect of changing the dimensionality $d$ of the network was studied by Stauffer and Weisbuch (1992). Bit-string models correspond to large-$d$ networks, while 1- or 2-$d$ networks have a small dimension with respect to the dimension required for a valid mean-field approximation. The shape-space model of Perelson and Oster (1979) suggested that the immune system operates with a shape space of an intermediate value of $d$ between 5 and 10. By systematic studies of three-state cellular lattices with $d$ varying from 1 to 10, Stauffer was able to observe that small-$d$ lattices ($d<4$) were always ordered, thus having localized attractors, while large-$d$ lattices exhibited a chaotic regime when the initial disorder was above a given threshold.

### VI. DISCUSSION

Immunology developed over the past 200 years as a branch of medicine originally aimed at preventing infectious disease through vaccination. Because of these beginnings immunology through most of the 19th and 20th centuries has been dominated by physicians and has been taught in medical schools, usually in departments of pathology or departments of immunology and microbiology. First slowly at the beginnings of the 20th century, with the interests of chemists in immunological reactions, and with accelerating pace in the last decade with cell and molecular biologists taking increasing interest in immunology, the field has become one of basic science. The newest group of scientists to take an active interest in the field are theoreticians, trained in physics and mathematics. The Nobel Laureate Jerne, for example, had undergraduate training in physics. An era is thus beginning in immunology in which theory is playing a part in the intellectual development of the field. We feel that, as in other areas in which systems are complex, theory and techniques of theoretical physics have an important contribution to make towards increasing our understanding of the phenomena of immunology.

Theories in immunology have taken two forms: verbal or nonmathematical and mathematical. Nonmathematical theories have been pioneered by experimental immunologists, such as MacFarlane Burnet, the inventor of clonal selection theory, and Neils Jerne, the inventor of idiotypic network theory. These theories, while not originally formulated in a quantitative way, have been developed into quantitative theories (see Secs. II and IV). The other class of theories have been formulated mathematically. For example, the model of Percus, Percus, and Perelson (1993), which predict the size of epitopes (Sec. II.C), the models of receptor cross-linking (Sec. III.A), and affinity maturation (Sec. III.C) are all of this form. Both classes of models are important and have made contributions to the field of immunology.

One area in which mathematical models will probably grow in importance is in the study of global behavior of the immune system. Cellular and molecular biologists and immunologists have achieved great success in isolating and even in understanding many of the molecules and cells of the immune system. However, their reductionist techniques fail when one asks questions about the behavior of large collections of cells and molecules. For example, what controls the total number of lymphocytes in the body or what determines the level of serum im-
munoglobulin are questions that have not yet been answered. Models have the potential of showing how local interactions among cells and molecules can generate the global coordinated behavior that characterizes many immune phenomena. The model of De Boer and Perelson (1991), discussed in Sec. IV.G, illustrated how control of the total serum antibody level could be attained as a consequence of a log-bell-shaped activation function for cells in a network.

Dynamics is an area well appreciated by physicists but one in which little work is being done in immunology. Because of difficulties in collecting data from one animal at many time points, dynamic experiments are rarely done, and when they are done they rarely have data taken at more than a few time points. Thus questions about whether immune systems operate at steady state, whether they oscillate, whether they are chaotic, etc. are difficult to answer. It is hoped that through modeling we can demonstrate the power of dynamic analyses to the experimental community and perhaps generate the motivation for carrying out both difficult and expensive dynamic experiments.

Lee Segel has said that one of the hallmarks of a complex system is that it is a system that cannot be described by a single model (Segel, 1995). This point has been well illustrated in this article. Different individuals and different groups have explored fundamentally different models of the same phenomena. For example, Weisbuch and co-workers have pursued immune network models that have localized attractors and that can account for some of the most basic phenomena in immunology—immunity and tolerance. Perelson, on the other hand, in addition to pursuing localized attractor models, has also investigated models that operate in a chaotic regime and that are typically characterized by nonlocal percolative behavior. In these models he has shown that, although individual clones or small sets of clones may act chaotically, when averages are taken over large populations the immune system behavior appears regular and controlled. Insufficient data exist at the level of single clones to distinguish between these classes of models and thus at this stage in the development of a field of quantitative immunology both classes of models are being studied.

Mathematical modeling in immunology is a field still in its infancy. The payoffs for developing successful models will be increased understanding of the operation of the immune system, the generation of new ideas, and new experiments to test them, as well as the eventual possibility of conducting immunological experiments in machina rather than in vitro or in vivo (Celada and Seiden, 1992, 1996). The models described above already contain insights into how clonal selection works, how affinity maturation occurs, how immunological networks may be involved in immune memory and how networks may be responsible for controlling the serum level of immunoglobulin. The challenge in immunology, as in brain research, is to understand a system of enormous complexity. One can only hope that the principles and ideas being developed in complex systems, nonlin-

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